2-DAY: 2020 GERIATRIC CONFERENCE

Are you keeping up with the current recommendations and guidelines?

No matter your specialty, you MUST know how to address the unique concerns of the older adults under your care. Geriatrics is a field in and of itself, but many of us haven't had extensive training on the nuances and complexities that make treatment challenging. In this comprehensive program, geriatric expert, Steven Atkinson, PA-C, MS, will guide you through the normal and abnormal changes of the aging mind and body, providing you with the knowledge that will improve the care you provide. Steven is passionate about his work and looks forward to sharing his expertise with you. Leave with practical and insightful tips and tools you can use the next day!

- Identify complications and respond more appropriately
- Confidently and effectively communicate with patients and their families
- Provide safer and more effective care

Get Management Strategies and More for:

Alzheimer's Disease & Dementias

Pain Management Geriatric Pharmacology **Geriatric Emergencies**

Managing Challenging Behaviors **Caregiver Stress & Burnout** And Much More

You will be able to demonstrate your expertise caring for this patient population as you earn your certification as a Certified Dementia Care Specialist through the International Association of Aging Specialists.

In just two days, you will meet the educational hours to qualify for this respected certification. Sign up today....before the seats are filled!



CONFERENCE SPEAKER Steven Atkinson, PA-C, MS, is a Board Certified Physician

Assistant specializing in Geriatric Internal Medicine. He practices medicine in the greater Minneapolis area. In addition to his private practice, he has been on the faculty at the University of Utah since 1994 and has been involved in medicine for over 30 years.



Steven is the co-founder of Twin Cities Physicians, which serves older adults in nearly all levels of their care. He has presented nationally for over 15 years,

primarily speaking about geriatric-related syndromes. Steven is the author of Geriatric Pharmacology: The Principles of Practice & Clinical Recommendations, Second Edition (PESI, 2016) and also sits on several boards whose purpose is to elevate the level of care in medicine for the patients they serve. Steven has been described as a "dynamic" educator and one of the most engaging presenters around. Don't miss him!

Disclosures:

Financial: Steven Atkinson is the founder and co-owner of Twin Cities Physicians; and owner of Mindful Geriatrics, LLC. He is an Adjunct Faculty at the University of Utah. Mr. Atkinson receives royalties as an author for PESI Publishing and Media. He receives a speaking honorarium from PESI, Inc

Non-financial: Steven Atkinson has no relevant non-financial relationship to disclose

BECOME CERTIFIED!

This training meets ALL the education hours if you choose to apply for certification as a Certified Dementia Care Specialist through the International Association of Aging Specialists.

Don't miss this opportunity to set yourself apart from colleagues and show employers and caregivers that you've invested the time and effort to understand dementias and provide quality care.

Visit agingcert.com for full details on certification requirements, standards, application process and fees.



Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesihealthcare.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Live Webcast Schedule - Both days (Times Listed in Mountain)

8:00 Program begins

11:50-1:00 Lunch break

4:00 Program ends







Join us for this live, interactive webcast!

2-DAY 2020 GERIATRIC CONFERENCE



This seminar meets ALL requirements to become a Certified Dementia Care Specialist through the International Association of Aging Specialists!

Professional standards apply, see agingcert.com for full certification details.



AGE AIRE





Get Management Strategies and Alzheimer's Disease & Dementias **Geriatric Pharmacology Geriatric Emergencies Managing Challenging Behaviors Caregiver Stress & Burnout**

Up To 14.5 CE Hours, including 6.3 CE Hours of Pharmacology Credit

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May 4 & 5, 2020

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OUTIINE

DAY ONE

SESSION 1: Differentiating Dementias

8:00am - 11:00am

Distinguishing the various types of dementia is often difficult. This session provides tools to appropriately screen patients experiencing dementia, along with discussion of the most effective interventions to improve the care vou provide.

 Normal vs. Abnormal Aging 	 Parkinson's Disease Dementia
 Types of Dementias 	Substance-Induced Neurocognitive Disorce
 Alzheimer's Disease 	Pharmacological Management

OBJECTIVES

1. Identify the signs and symptoms of Alzheimer's disease and other dementias.

- 2. List appropriate diagnostic tests to achieve accurate diagnosis.
- 3. Devise interventions that are effective and promote positive communication between staff, family & the older adult.

SESSION 2: Geriatric Pharmacology: Tools for the Healthcare Professional

11:00am - 3:00pm (Includes Lunch Break)

For geriatric patients taking more than five medications, the statistical chance of a drug-drug interaction or adverse event is 100%! For those experiencing an adverse drug event, one third will require additional treatment. This session will provide straightforward tools that will help you care for older adults receiving multiple medications.

- Drug Utilization Amongst the Elderly
- Billing Codes That You MUST Know
- · Clinical Pharmacological Issues in the Elderly

OBJECTIVES

- 1. Apply techniques and identify strategies to avoid adverse drug events and drug disease interactions.
- 2. Develop individualized monitoring plans for geriatric patients through the evaluation of high risk medications
- 3. Identify at least three new guideline recommendations related to geriatric pharmacology.

SESSION 3: Pain Management in the Elderly

3:00pm - 5:00pm

This presentation will review the different categories of controlled substances and their appropriate use in the geriatric patient. Explore special considerations and tools to aid in prescribing and managing pain in the geriatric patient.

- The Challenges Associated with Controlled Substances
- Pain Control... Is every patient's RIGHT

OBJECTIVES

- 1. Implement controlled substance/pain management contracts into practice.
- 2. Recognize symptoms of controlled substance and alcohol misuse and abuse.
- 3. Describe best practice methods for prescribing in the geriatric population.

DAY TWO

SESSION 1: Managing Geriatric Behaviors: Wandering, Aggression, Malnutrition and More

8:00am - 11:00am

Behaviors such as wandering, aggression and anxiety can pose significant barriers to the delivery of essential care. Geriatric syndromes such as malnutrition, dehydration and insomnia can diminish quality of life and threaten independence. This session will explore the most frequent problematic behaviors and discuss strategies to improve the care you provide to your geriatric patients.

- Wandering
- Physical Aggression
- Inappropriate Sexual Behaviors
- Sleepless Nights & Sundowning

• Eating Issues & Nutrition in Elders with Dementia

Professional Issues

OBJECTIVES

- 1. Review strategies to diminish the occurrence of behavioral problems in individuals with dementia.
- 2. Discuss behavioral and environmental techniques to diminish challenging behavioral problems.
- 3. Identify how cognitive impairment in older individuals is affected by environment, caregiver schedules, and responses to the behaviors.

SESSION 2: Geriatric Emergencies

11:00am - 3:00pm (Includes Lunch Break)

A high-energy, dynamic session filled with interesting case studies, insightful discussions and interactive learning. You will leave with practical techniques that you can apply right away - if you work with geriatric patients, you don't want to miss this!

- Physiological Changes with Aging
- Cerebrovascular Emergencies
- Common Underlying Chronic Illness Cardiovascular Emergencies
- Pulmonary Emergencies
- **OBJECTIVES**
- 1. Develop strategies to identify abuse and neglect.
- 2. Distinguish etiologic and pathologic factors associated with neurological, orthopedic, abdominal, cardiovascular & pulmonary emergencies.
- 3. Discuss the atypical presentation of the elderly and how to effectively manage comorbidities.

SESSION 3: Top Ten Medications to Avoid in the Geriatric Patient

3:00pm - 5:00pm

Explore medication dosing guidelines and polypharmacy management principles to ensure safe prescribing in the geriatric patient. Review the top ten medications to avoid and alternatives that can be equally effective.

The BEERS List

Risks Associated with Anticholinergic Drugs

 The TOP TEN • 5 Things Patients & Physicians Should Question

- **OBJECTIVES**
- 1. Discuss how to apply age-sensitive principles for medication dosing and management to clinical scenarios
- 2. List key questions useful for identifying and managing polypharmacy in older adults.

HAVE A SEMINAR IDEA? The nation's top speakers contact PESI HealthCare first. If you are interested in becoming a speaker, or have a new topic idea, please contact Missy Cork at mcork@pesi.com or call (715) 855-6366.

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- Orthopedic Emergencies
- Abdominal Emergencies

Live Video Webcast Details

Join us on May 4 & 5, 2020, for this live, interactive webcast!

Invite your entire organization and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient!

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Target Audience: Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, Speech-Language Pathologists, Social Workers, Physicians

Live Webcast Education Credit Information

Credits listed below are for full attendance at the live webcast only. Certificate of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live webcast schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of healthcare professionals. As a licensed professional you are responsible To reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards. PESI. Inc. offers continuing education programs and products under the brand names PESI. PESI

Healthcare, PESI Rehab and Psychotherapy Networker

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 14.6 contact hours. Partial contact hours will be awarded for partial attendance

Pharmacology Nurse Practitioners: This program offers 380 instructional minute of pharmacology content which is designed to gualify for 6.3 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at

this course qualifies for 14.5 contact hours or 1.45 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate Physical Therapists & Physical Therapist Assistants: This activity consists of 14.5

clock hours of instruction that is applicable for physical therapists. CE requirem for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

Physician Assistants: AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credits[®] from organizations accredited by ACCME such as PESI. Physician assistants may receive a maximum of 14.5 hours for completing this program.

Physicians: PESI, Inc. is accredited by the Accreditation Council for Contin Medical Education to provide continuing medical education for physicians. PES Inc. designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of the participation in the activity.

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2-DAY 2020 GERIATRIC CONFERENCE

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2 Webcast Information:

Webcast starts at 8 am Mountain time

May 4 & 5, 2020 PWZ78643

\$419.99 includes downloadable manual (plus applicable tax in HI & NM)

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> Questions? Visit pesihc.com/fag or contact us at pesihc.com/info

ADA needs:

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

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CONTI E D U C Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of

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course content, specific products or clinical procedures.

APPROVED PROVIDER

Speech-Language Pathologists: This course is offered for <u>1.45</u> ASHA CEUs (Intermediate level, <u>Professional</u> area).

Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program ** Please note that Speech-Language Pathologists who participate in the live webcast will be required to complete additional steps if they want their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Materials Section of the webcast.

continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are anonymed at ACE provider to the ACE Social Workers: PESI. Inc., #1062, is approved to offer social work

boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course ACE provider approval period: January 27, 2020 - January 27, 2023, Social Workers completing this course receive 14.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits wil be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation

Canadian Social Workers: Canadian provinces may accept activities approved by the ASWB for ongoing professional development.

Other Professions: This activity qualifies for 880 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements

Please visit www.pesihc.om/webcast/83212 for state-specific CE language.