

Outline

HOT TOPICS AND INNOVATIONS IN STROKE REHABILITATION

- How patients with Pusher Syndrome can benefit from cutting edge research

LAB	UPGRADE YOUR CLINICAL REASONING AND ASSESSMENT SKILLS
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Get to the root causes of pushing faster with better evaluation techniques for:

- Severity of pushing
- Lack of muscle activation
- Poor motor control
- Weight-shifting resistance
- Movement dysfunction
- Midline deficits and alignment faults
- Limited attention/awareness
- Visual/spatial neglect
- Cognitive deficits
- Vestibular dysfunction
- Deficits in ADLs, gait, sitting and standing

LAB	REVOLUTIONIZE YOUR STROKE REHAB TOOLBOX FOR PATIENTS WHO PUSH
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Practice effective techniques you can use immediately to:

- Treat key impairments that are limiting progression in functional tasks
- Build endurance
- Improve awareness to midline
- Increase postural and trunk control
- Maximize symmetry
- Treat underlying motor control deficits
- Enhance functional mobility

LAB	COMBINE MULTIPLE APPROACHES MORE EFFECTIVELY FOR BETTER OUTCOMES
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Practice integrating:

- Safe transfer strategies
- Postural reeducation
- Core stabilization
- Joint mobilization
- Dynamic movement layering
- Balance and gait training
- Task-oriented approaches
- Functional exercise
- Strength, flexibility, and endurance training
- Sensory input
- Assistive devices

Target Audience

Physical Therapists • Physical Therapist Assistants • Occupational Therapists
Occupational Therapy Assistants • Exercise Physiologists • Nurses
Nurse Practitioners

Live Seminar & Webcast Schedule (Times Listed in Eastern)

7:30 Networking/Registration/Morning Coffee & Tea

8:00 Program begins

11:50 - 1:00 Lunch (*on your own*)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

What to Bring/Wear

- Lab-appropriate clothing
- Piece of resistance band (light to moderate resistance, 2+ feet long)
- Hand or bath towel
- Exercise mat

LAB	DESIGN ADVANCED, INNOVATIVE PLANS OF CARE FOR YOUR PATIENTS
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Practice developing effective treatment strategies for:

- Contraversive pushing
- Postural control deficits
- Midline difficulties
- Trunk malalignments
- Retropulsion
- Gait dysfunction
- Abnormal tone
- Movement limitations

LAB	SAFEGUARD YOUR PATIENT -- AND YOURSELF -- FROM INJURY
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Practice effective strategies to:

- Safely position and transfer with ease
- Use the patient's environment to your advantage

CASE STUDIES	PUT KNOWLEDGE TO PRACTICE
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Topics include:

- Correctly select the root cause of impairment
- Classify level of severity and identify appropriate treatment progression
- Determine when to focus on recovery vs compensation
- Treat key impairments that are limiting progression in functional tasks
- Mimic functional demands when activating muscles
- Overcome barriers to effective strategy implementation

DON'T LEAVE MONEY ON THE TABLE

- Justify therapy with the right progress measures
- Avoid denials and audits with these tips

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FRIDAY
March 6, 2020

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How to Successfully Treat Stroke Patients with Pusher Syndrome

The Ultimate Guide to Safer, More Predictable Recovery

Build authentic professional connections -
***FREE* networking event included!**

King of Prussia, PA
Thursday
March 5, 2020

Cherry Hill, NJ
Friday,
March 6, 2020

Live Video Webcast
Friday,
March 6, 2020



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A Non-Profit Organization Connecting Knowledge with Need Since 1979

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How to Successfully Treat Stroke Patients with Pusher Syndrome

The Ultimate Guide to Safer, More Predictable Recovery

Progress your most physically demanding pushers with ease using the strategies you'll learn in this hands-on course

- ✓ Practice proven techniques that get results fast
- ✓ Master effective treatments for pusher syndrome, postural instability, gait dysfunction, and more
- ✓ Become the go-to resource for pushers in your facility

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Friday,
March 6, 2020

How to Successfully Treat Stroke Patients with Pusher Syndrome

Do You Struggle with Stroke Patients Who Push?

- Afraid of hurting patients (or yourself)?
- Patients aren't getting better?
- Wondering where to start?
- Unsure how to document progress?
- Not sure what to do next?
- Beginning to doubt your skills?

Treating patients with Pusher Syndrome can be scary, frustrating, and physically demanding -- but it doesn't have to be.

Created by one of the most trusted names in stroke rehabilitation, *How to Successfully Treat Stroke Patients with Pusher Syndrome* will teach you safe, effective strategies for progressing patients you might have given up on in the past.

And the results are incredible. Clinicians have seen countless patients -- from sedentary retirees to fit and active baby boomers -- return to their bucket lists, rediscover the joys of living independently, and resume playing with their grandkids, using the interventions you'll learn in this program.

Join Dr. Michelle Green as she shares a proven framework for rehabilitation that combines today's best practices with over 20 years of experience guiding patients with Pusher Syndrome to recovery.

If you're chasing symptoms without getting to the "why" of your patients' impairment, you're losing time, money, and referrals. This course is your path to delivering results for your patients.

Sign up today, make yourself the go-to resource for pushers in your facility, and feel the satisfaction of giving patients back the independence they lost and activities they love.

Speaker

MICHELLE GREEN, PT, DPT, C-NDT, NCS, is an expert in stroke rehabilitation, with over 20 years of experience helping countless patients recover from neurological conditions. Her background in NDT, Pilates, and yoga has influenced her assessment and treatment approach, providing her with enhanced insight into movement assessment and guided movement re-education.

Dr. Green travels nationally to present seminars on stroke rehabilitation, and she is known for her dynamic, hands-on teaching style. She earned her Doctorate in Physical Therapy from University of North Carolina Chapel Hill, and she teaches as an assistant professor in the DPT program at Campbell University. Her additional interests include education and learning, impairment-based treatment across the lifespan, and application of mind-body practices for improving mental and physical health.

Disclosures:
Financial: Michelle Green is an assistant professor at Campbell University She receives a speaking honorarium from PESI, Inc.
Non-financial: Michelle Green is a member of the American Physical Therapy Association; and the North Carolina Physical Therapy Association.

Objectives

- 1. Discuss the latest advances in stroke rehabilitation and their implications for rehab.
- 2. Demonstrate a comprehensive assessment, identifying and differentiating root causes of Pusher Syndrome.
- 3. Integrate the most effective interventions available for targeting key impairments that cause pushing behavior.
- 4. Combine multiple approaches for better outcomes, including postural re-education, core stabilization, movement layering, sensory input, exercise, taping and more.
- 5. Design effective, innovative plans of care for mild, moderate, and severe pushing behavior.
- 6. Apply the assessments and interventions discussed in this seminar to a series of interactive case scenarios.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesirehab.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.



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The Principles of Practice & Clinical Recommendations, Second Edition

By Steven Atkinson, PA-C, MS

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Improving Functional Outcomes in Physical Rehabilitation, 2nd Edition

By Susan B. O'Sullivan, PT, EdD and Thomas J. Schmitz, PT, PhD

Achieve the best functional outcomes for your patients. Here is a practical, step-by-step guide to understanding the treatment process and selecting the most appropriate intervention for your patient. Superbly illustrated, in-depth coverage shows you how to identify functional deficits, determine what treatments are appropriate, and then to implement them to achieve the best functional outcome for your patients.



PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online registration required.

REHAB SUMMIT

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Live Webcast Details and Live Webcast Continuing Education Credit Information

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Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Exercise Physiologists: ASEP members will earn 5.0 CECs for full attendance at this seminar. The ASEP allows members to earn a maximum of 10 CECs in any one 5 year period.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Physical Therapists & Physical Therapist Assistants: This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/ jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

New Jersey Physical Therapists & Physical Therapist Assistants: This course has been submitted to the New Jersey State Board of Physical Therapy for review.

New York Physical Therapists & Physical Therapist Assistants: PESI, Inc. is recognized by the New York State Education Department, State Board for Physical Therapy as an approved provider for physical therapy and physical therapy assistant continuing education. This course qualifies for 7.6 Contact Hours.

Pennsylvania Physical Therapists & Physical Therapist Assistants: The Pennsylvania State Board of Physical Therapy recognizes approval by all other state boards. This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

REGISTRATION FORM

HOW TO SUCCESSFULLY TREAT STROKE PATIENTS WITH PUSHER SYNDROME

SAVE TIME! Express Register Online: pesirehab.com/express/78051

1 Please complete entire form if sending by mail please print legibly

Mail Code: See mail code box on reverse side above your name & address

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3 Select Tuition

ON-SITE TUITION including seminar manual

\$219.99 – choose one of the options below:

- per person for 2 or more preregistering together —OR—
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\$249.99 standard

ADD-ON PRODUCTS — Save on Shipping!—Products Distributed at Seminar

- \$24.99* Geriatric Pharmacology book (PUB084430)
- \$73.95* Improving Functional Outcomes in Physical Rehabilitation, 2nd Edition (SAM083735)

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

WEBCAST with downloadable seminar manual

\$219.99 registration (+ tax in HI & NM)

4 Select Payment Method

All registrations must be prepaid.

- Check enclosed payable to PESI, Inc.
- Purchase order enclosed (Fed ID # 26-3896894)

- MC 16 digits VISA 13-16 digits AE 15 digits Discover Novus 16 digits

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(*MC/VISA/Discover: last 3-digit # on signature panel on back of card.) (*American Express: 4-digit # above account # on face of card.)

ADA NEEDS

We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

- FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. Limited seats available; advance online registration required.
- \$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesirehab.com/coord for availability and job description, first come, first serve.
- Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesirehab.com/students for details.

QUESTIONS

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Stroke Rehab for Patients who "Push": Management Strategies for a Unique Patient Population

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