

## 2 DAY Comprehensive GRIEF Treatment Course

Evidence-Based Strategies  
for Helping Clients Make  
Meaning After Loss

Your client's world has been shattered following the loss of a loved one. Not only are they adjusting to these days and weeks without that person, but they are also struggling with changes to their sense of self. Who are they now as they navigate this new world? Your client is stuck in a place of paralyzing sorrow, and you're unsure of what else to do to help.

**You can transform the way you treat grieving clients with the tools and strategies you'll learn in this 2-day Comprehensive Course!**

Join Rev. Dr. Joy Samuels, LPC-MHSP, NCC, as she leads you through the process of working with bereaved individuals and aiding them with making meaning after loss. You'll learn evidence-based counseling strategies appropriate for the treatment of multiple types of losses, including non-death losses, and grieving styles. In addition, you'll acquire the skills you need to tailor clinical interventions to the uniqueness of each client's grief experiences.

Attend this advanced course, and you'll learn how to guide your clients through making meaning after loss—drastically increasing their well-being and reducing symptoms of complicated grief. You'll walk away with the tools you need to help your clients live fulfilling lives after loss.

**Register today to revolutionize your work with grieving clients!**

### Course Designed Especially for

Psychologists • Psychiatrists • Counselors • Addiction Counselors • Case Manager  
Social Workers • Pastoral Counselors • Chaplains/Clergy • Funeral Directors  
Marriage & Family Therapists • Mental Health Nurses • Nursing Home Administrators  
Thanatologists • Other Mental Health Professionals

#### Course Schedule for Both Days

**7:30** Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50 -1:00** Lunch (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

A more detailed schedule is available upon request.

#### Questions?

Call customer service at **800-844-8260**

**The nation's top speakers and authors contact PESI first.**

If you are interested in becoming a speaker or have a new topic idea, please contact **Kay Friske** at **kfriske@pesi.com** or call 715-855-6362.

## Speaker

**Joy R. Samuels, D.MIN., LPC-MHSP, NCC**, has over 25 years' experience as a licensed professional counselor, Fellow in Thanatology, chaplain, and ordained minister. She teaches in the graduate clinical mental health psychology department at Lipscomb University and at Candler School of Theology at Emory University in the United Methodist Church Course of Studies. She maintains a private counseling practice and supervises those seeking licensure as a LPC-MHSP.

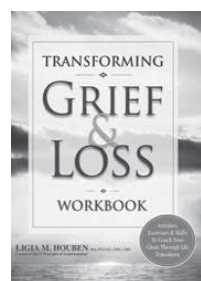
Dr. Samuels holds D. MIN. and MDIV. degrees from Wesley Theological Seminary, Washington, DC. Additionally, she holds an M.S. degree in counseling psychology from California State University, Northridge, CA, and a counseling certificate in substance abuse from the Northern Virginia Community College, Annadale, VA. Among her areas of expertise are individual, couples and family counseling, trauma and bereavement and post-masters supervision.

Speaker Disclosure:

Financial: Joy Samuels is in private practice. She is an adjunct faculty at Lipscomb University. Dr. Samuels receives a speaking honorarium from PESI, Inc.

Non-financial: Joy Samuels is a Fellow in Thanatology.

**SAVE by including these Products with Conference Registration!**



#### Transforming Grief & Loss Workbook:

*Activities, Exercises & Skills to Coach Your Client Through Life Transitions*

By Ligia M. Houben, MA, FT, FAAGC, CPC, CHT

Despite any loss your client may be experiencing, you can coach them to happiness again with this new workbook from Ligia M Houben. This interactive book guides the client through The 11 Principles of Transformation, derived from CBT, positive psychology, spirituality, mindfulness and meditation. By focusing on new beginnings, experiential exercises and meaningful activities, your client will be able to start the transformative journey to wellness and wellbeing.

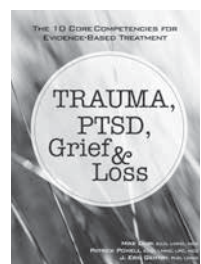


#### Healing Grief Card Deck

*55 Practices to Find Peace*

By David Kessler

David Kessler, one of the world's foremost experts on grief and grieving, has created powerful coping strategies to heal and rebuild after loss. This easy-to-use card deck has 55 practices that focus on your response to loss, understanding grief, and healing - all remembering that grief is evidence of your love.



#### Trauma, PTSD, Grief & Loss:

*The 10 Core Competencies for Evidence-Based Treatment*

By Michael Dubi, Ed.D., LMHC, Patrick Powell, EDD, LMHC, LPC, NCC & J. Eric Gentry, Ph.D., LMHC

A holistic and systemic path of understanding traumatic stress. Key approaches and effective interventions include Feedback Informed Therapy, self-regulation, EMDR, Tri-Phasic Models, exposure-based therapies, CBT and Narrative Exposure Therapy.

More info and resources at [www.pesi.com](http://www.pesi.com)

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## 2 DAY Comprehensive GRIEF Treatment Course

Evidence-Based Strategies  
for Helping Clients Make  
Meaning After Loss

**SYRACUSE, NY**  
Thursday & Friday  
January 30 & 31, 2020

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## 2 DAY Comprehensive GRIEF Treatment Course

Evidence-Based Strategies  
for Helping Clients Make  
Meaning After Loss

- Transformational interventions and strategies to help your clients heal from the impact of loss
- In-depth treatment methods that address grief with clients of all ages
- Strategies and tools to tailor interventions to each client's individual situation and grieving style

INCLUDES  
**1 CE**  
Hour  
of ETHICS!

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Outline

Types of Grief & Their Implications for Treatment

- Disenfranchised grief
- Persistent Complex Bereavement Disorder
- Traumatic bereavement

Complicated Grief

- Common trajectories for grief
- Recognize complicated grief
- Risk factors for complicated grief
- Treatment interventions

Types of Loss & Their Impact on Grieving

- Parental loss
- Child loss
- Widowhood
- Non-death losses

Assessment: Intake Considerations for Grieving Clients

- Current conceptualization models
- Recognize different expressions of grief
- Factors impacting the grief experience
- Assess for depression and suicide ideation
- Differentiate between depression, grief & PTSD
- Use of Adjustment Disorder diagnosis with grief clients

- Determine how the client understands their grief narrative
- Persistent complex bereavement disorder
- DSM-5® changes to Major Depressive Disorder
- Take home assessment tools

Cultural Considerations for Grief Treatment

- Cultural factors affecting expression of grief
- Impact on mourning practices
- Culture’s impact on death anxiety & meaning of life
- Determine where the identity emphasis lies
- Cultural values regarding emotional expression and disclosure
- The impact of society on grief

Grief Treatment: Interventions & Strategies to Improve Clinical Outcomes

- Assist clients with expressing their pain
- Integrate a new inner image of the deceased
- Client self-assessment strategies for coping
- Foster client relaxation skills
- Let the client lead: Starting point, story & stopping point
- Cultivate acceptance
- Elicit emotional availability in clients

- Give clients “permission” to not share stories
- Focus on planning—not positivity
- Develop healthy grief rituals
- Target guilt due to stopping grief rituals
- Build a bridge between memories, current behaviors, & underlying values
- Help clients accept the finality of the death
- Navigate the treatment of multiple losses

In-Session Activities: On-the-Spot Interventions to Facilitate Healing

- The client “influence of loss” chart
- Use loving kindness meditation to build self-compassion in clients
- “Who am I?” exercise
- Utilize client letters to self

Grief Across the Lifespan: Help Your Clients Heal at Any Developmental Stage

- Developmental considerations & milestones related to loss reactions for:

- Children
- Adolescents
- Early adulthood
- Middle adulthood
- Later adulthood


Grief & the Family: Guide Families Through Healthy Grieving

- Family systems theory: Family influences on individual grief

- Variables that complicate family adaptation
- Strategies to guide family adaptation to loss
- Develop respect for different grieving styles
- The role of gender norms
- “Family coat of arms” activity

Professional Issues: Ethical Considerations for Working with Grieving Clients, Their Families & the Terminally Ill

- Ethical dilemmas that confront the terminally ill
- Ethical principles of end-of-life decisions
- The clinician’s role in addressing psychological suffering & needs of the terminally ill
- Impact of cause of death on social isolation
- Identify the core values and principles of professional ethical behavior
- Boundaries of professional competence



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

Live Conference Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**ETHICS:** This seminar includes 1.0 hours of general ethics instruction. If ethics is not specified within your licensing board's approval statement below, please contact your board to determine the applicability and amount of ethics allowed.

**ADDICTION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**NEW YORK ADDICTION PROFESSIONALS:** This course has been submitted to OASAS for review.

**CHAPLAINS/CLERGY:** This activity is designed to qualify for 12.5 continuing education hours.

**CERTIFICATION IN THANATOLOGY:** This educational offering is recognized by the Association for Death Education and Counseling to meet the thanatology-related educational contact hour requirements to be Certified in Thanatology: Death, Dying and Bereavement. This course will award 12.5 contact hours to participants.

**COUNSELORS:** This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**NEW YORK COUNSELORS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 15.0 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**NEW YORK MARRIAGE & FAMILY THERAPISTS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 15.0 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**NURSING HOME ADMINISTRATORS:** This program has been submitted (but not yet approved) for 12.5 continuing

**Seminar on DVD or CD Package:** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

education clock hours and 12.5 participant hours from NAB/NCERS. For the most up-to-date credit information, please go to: [www.pesi.com/events/detail/76401](http://www.pesi.com/events/detail/76401).

PSYCHOLOGISTS & PSYCHIATRISTS:

**PSYCHIATRISTS:** PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

**PSYCHOLOGISTS:** The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 12.5 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

**NEW YORK PSYCHOLOGISTS:** This live activity consists of 760 minutes of continuing education instruction and is related to the practice of psychology.

**SOCIAL WORKERS:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 11.5 Clinical Practice and 1.0 Ethics continuing education credits. No more than 12.5 total CE hours may be awarded for this activity. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**NEW YORK SOCIAL WORKERS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0008. This activity will qualify for 15.0 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**OTHER PROFESSIONS:** This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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### 2-Day Comprehensive Grief Treatment Course

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*please print; staple duplicate forms.*

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*See mail code box on address panel on reverse side*

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**2 Check Attendance Option**  
(make copy for your records)

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☐ **January 30 & 31, 2020**

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**ADA NEEDS**  
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

**WALK-INS**  
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

**TUITION OPTIONS**

- **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**
- **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- **Groups of 5 or more:** Call 800-844-8260 for discounts.
- **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesi.com/students](http://www.pesi.com/students) or call 800-844-8260 for details. **Advance registration required.** *Cannot be combined with other discounts.*

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**2-Day Comprehensive Grief Treatment Course**

\_\_\_ Seminar on DVD\* (video) \$439.99 (RNV054640)

\_\_\_ Seminar on CD\* (audio) \$439.99 (RNA054640)

\_\_\_ **Transforming Grief & Loss Workbook\*** \$29.99 (PUB084395)

\_\_\_ **Healing Grief Card Deck\*** \$16.99 (PUB084295)

\_\_\_ **Trauma, PTSD, Grief & Loss** book\* \$24.99 (PUB084790)


CE hours and approvals on products may differ from live CE approvals. Product total \$ \_\_\_\_\_

\*Shipping \_\_\_\_\_

\*Shipping is \$6.95 first item + \$2.00 each add'l item. **Subtotal** \_\_\_\_\_

\*\*Residents add applicable state and local taxes except in AK, DE, MT, NH, OR. **\*\*Tax** \_\_\_\_\_

**TOTAL** \_\_\_\_\_

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