

2020 Psychopharmacology 2-Day Conference

Spend two action-packed days learning about the newest advances in psychopharmacology and contemporary trends in medication management. From his unique perspective, Dr. Perry Buffington teaches psychopharmacology thoughtfully, with an emphasis on the experience of the client. Dr. Buffington's years of experience in mental health and passion for clients, shines through in the detail and thoroughness of his presentation.

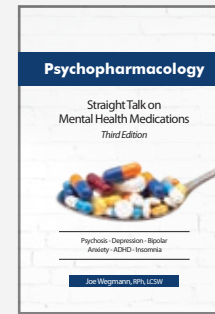
Clients often only have a few minutes with their prescriber and require additional support. It's vital that you are able to answer their questions, help manage side effects and understand reactions. Designed for counselors, nurses, psychotherapists, psychologists, and other mental health professionals, Dr. Buffington provides the information you need in order to best help your clients.

This conference allows time for exploration of underrepresented areas, including ADHD, substance use disorders and psychopharmacological ethics. Take home specialized guidelines for geriatrics and clients with chronic pain. Discuss how the DSM-5® and the Affordable Healthcare Law have impacted prescribing patterns and the use of psychotropics in newly defined diagnoses. In addition to a general 'nuts and bolts' review of medications, you will examine case examples, discuss medication controversies and how to effectively collaborate with prescribing practitioners. You will find this conference to have the most up- to-date medication information and how to use it most effectively with your client.

CONFERENCE DESIGNED ESPECIALLY FOR

Counselors • Social Workers • Psychologists • Psychotherapists • Psychiatrists • Physician Assistants
Case Managers • Marriage & Family Therapists • Nurses • Nurse Practitioners • Clinical Nurse Specialists
Addiction Counselors • Pharmacists • Occupational Therapists • Occupational Therapy Assistants
Other Mental Health & Health Care Professionals

SAVE by Including These Products With Conference Registration!



Psychopharmacology: *Straight Talk on Mental Health Medications, 3rd Edition*

By Joseph F. Wegmann, Pharm.D., LCSW

A definitive guide to expand your knowledge in the pharmacological and behavioral treatment of psychosis, anxiety, depression, bipolar, insomnia and ADHD. Updates for the third edition include DSM-5 applications, newly released psychiatric meds, new risk factors with antidepressants, and the latest in geriatric psychopharmacology.



Mindful Chair Yoga: *50+ Practices for All Ages*

By Mayuri Gonzalez and
Jennifer Cohen Harper, MA, E-RYT

Mindful Chair Yoga is a powerful way to harness key benefits of the practice: become stronger, more flexible, navigate challenging situations without becoming overwhelmed, rest when you need it, and much more. Each card includes a reflection question to help engage fully with the activities. This easy-to-use card deck contains 50+ practices that can support everyone - children, teens and adults - in living a happier, healthier life.



More info and resources at www.pesi.com



PESI, Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

Seminar on DVD or CD Package:

You can purchase a self-study package on the subject. You will receive a set of DVDs or CDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

The nation's top speakers and authors contact PESI first.

If you are interested in becoming a speaker or have a new topic idea, please contact Scott Simpson at ssimpson@pesi.com or call 715-855-5263.

Hassle-Free Cancellation Policy:

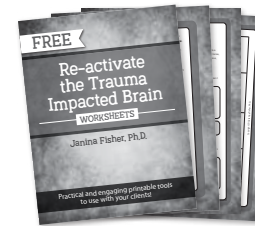
If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.



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2020 Psychopharmacology 2-Day Conference

PHOENIX, AZ
Thursday - Friday
January 23-24, 2020



A NON-PROFIT ORGANIZATION
CONNECTING KNOWLEDGE WITH NEED SINCE 1979

How & why mental health medications work
Which medications are evidenced-based
to best treat which disorders

Improve your clients' responses and
clinical outcomes to medications

Help your clients recognize side effects
and learn how to manage them

Learn about new trends in prescribing

Current controversies in the field

New and emerging ethical dilemmas both
prescribing and non-prescribing clinicians
face daily

Earn up to
3 CE hours of Ethics!

Register Early!

SAVE
\$60

on Conference
Tuition

PHOENIX, AZ
Thursday - Friday
January 23-24, 2020

Register now! pesi.com/express/76368

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DAY ONE

PSYCHOPHARMACOLOGY

Historical antecedents of modern psychopharmacology
Diagnostic issues
Clarification of terms
Drug metabolism concepts: pharmacokinetics & pharmacodynamics
Drug mechanism of action
Placebo & Nocebo
Pharmacotherapy vs. Psychotherapy

DEPRESSIVE DISORDERS

Biogenic Amine, Cortisol, Down-Regulation, & Neurotropic Hypotheses
Neurochemistry of depression
Types of anti-depressants
Preventing side effects
Tardive Dysphoria: real or imagined?

ANXIETY DISORDERS & OBSESSIVE COMPULSIVE DISORDERS & TRAUMA RELATED DISORDERS

Neurochemistry of anxiety
GAD, panic disorders, phobias
OCD
PTSD
Physiological interventions
Anti-anxiety medications

Anti-depressants
Non-pharmacologic options
Benzodiazepines: risks and benefits
Preventing side effects

OBJECTIVES

- 1. Analyze the historical antecedents of psychopharmacological products and their relation to today's psychotropic medications.
- 2. Designate the mechanism of action of today's psychotropic medications and how it relates to your clients.
- 3. Breakdown the process of medication selection and receptor activation/blocking for specific disorders.
- 4. Communicate the side effects including nutritional, cognitive, sexual, and behavioral associated with psychotropic medications.
- 5. Specify how medications are chosen for mood disorders and specific patient characteristics.
- 6. Compile medication treatment options for your clients with ADHD.

BIPOLAR DISORDERS

Neurochemistry
The Bipolar Spectrum & DSM-5® Changes
Mood stabilizers
Lithium
Anti-convulsants & neuromodulators
Typical, atypical, & third-generation antipsychotics
Effective strategies for improving outcomes for clients

PSYCHOTIC DISORDERS/ SCHIZOPHRENIA

Neurochemistry of psychosis and schizophrenia
Antipsychotic Medications:
First generation (typical)
Second generation (atypical)
Managing side effects
Extrapyramidal symptoms and TD
Metabolic problems

Recognizing hyperprolactinemia- and why you need to know
Use of atypical antipsychotics for multiple disorders

LIMITATIONS OF THE RESEARCH AND POTENTIAL RISKS

DAY TWO

ATTENTIONAL DISORDERS

Differential diagnosis
Neurochemistry of ADHD
Treatment controversies
Substance abuse and ADHD
Stimulant medications
Non-stimulant options
Preventing side effects

SUBSTANCE ABUSE DISORDERS

Neurochemistry of addiction
Negative reinforcement & creation of habits
Alcohol
Caffeine
Nicotine
Cannabis
Opiates
PCP & Ketamine
MDMA (Ecstasy)

Energy vs. Chill Drinks
Over-the-counter & herbal psychopharmacology
Addiction treatments
Behavioral addictions

SPECIAL POPULATIONS

Specialized guidelines for geriatric patients
Dementia treatment

Slow vs. rapid metabolizers (genetic polymorphisms)

TREATING CLIENTS PAIN

Acute vs. chronic pain
Alternatives to pharmacology
Pain vs. depression: which comes first?

- 7. Determine the unique medication considerations for geriatric clients.
- 8. Determine acute and chronic pain and methods of treatment.
- 9. Analyze future trends, including preventing side effects vs. managing side effects.
- 10. Establish ethical issues specifically relating to the child and adolescent population as they relate to clinical psychopharmacology.
- 11. Apply traditional standards (autonomy, beneficence, nonmaleficence, confidentiality, veracity) of ethical behavior to issues peculiar to the practice of clinical psychopharmacology.
- 12. Explore specific ethical issues and their resolve to the everyday practice of clinical psychopharmacology.

ETHICS & PSYCHOPHARMACOLOGY

High-risk pharmacology & psychopharmacology
Off-label use of medications
Prescribing for children
Elective psychopharmacology
Marketing of mental illness
Polypharmacy
Informed vs. uninformed consent
Patient & third party pressures
Professional boundaries
Ethics associated with medical errors
Role of placebo

FUTURE TRENDS

Change of mind: preventing vs. managing side effects
Medicalization of normal
Computer assisted devices
New meds, new diagnoses, new theories, new normal
Top 10 Medical Emergencies
Integrating psychotherapy with psychopharmacology

LIMITATIONS OF THE RESEARCH AND POTENTIAL RISKS

Conference Schedule (for Both Days)

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50 -1:00 Lunch (on your own)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

SPEAKER

Perry Buffington, Ph.D., M.S., has over 20 years of experience in the medical consulting field and is currently a full-time senior lecturer at the University of Georgia, teaching psychopharmacology at the undergraduate and graduate levels. He is former chairman of the prestigious Florida Psychological Association's Prescriptive Authority Committee and teaches seminars nationwide on minimizing psychopharmacological errors.

As the author of eight books (currently working on his first psychopharmacology text), his by-line has appeared in hundreds of periodicals including the *Saturday Evening Post*, *USA Today*, and *Success*. He is the former contributing editor for Delta Air Lines' in-flight magazine, Sky, and served as a syndicated newspaper/web columnist for Universal Press. Additionally, he hosted his own radio show, syndicated nationally, by Envision Radio Networks.

Perry's presentation style is engaging, a blend of education and entertainment; as a result, critics (and especially his students) applaud his ability to make complicated topics understandable and applicable – even useful!

Speaker Disclosures:
Financial: Perry Buffington is the President of Go-Buff Enterprises, Inc. He is a member of the psychology faculty, Franklin College of Arts & Sciences, The University of Georgia. Dr. Buffington receives a speaking honorarium from PESI, Inc.
Non-financial: Perry Buffington has no relevant non-financial relationship to disclose.

LIVE CONFERENCE CONTINUING EDUCATION CREDIT INFORMATION

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cpespi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Ethics: This seminar includes 3.0 hours of general ethics instruction. If ethics is not specified within your licensing board's approval statement below, please contact your board to determine the applicability and amount of ethics allowed.

Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Arizona Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

Marriage & Family Therapists: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

Pharmacology Nurse Practitioners: This program offers 760 instructional minutes of pharmacology content which is designed to qualify for 12.6 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or 1.25 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Pharmacists: PESI, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Successful completion of this Knowledge-based activity qualifies for 12.6 contact hours. ACPE Universal Program Number: 0289-0000-17-005-13-14 Full attendance is required. No partial contact hours will be awarded for partial attendance. You are required to complete a program evaluation/post-test and bring your e-Profile ID to the seminar to receive CPE credit. Don't have your e-Profile ID yet? Visit the National Association of Boards of Pharmacy (NABP) website and complete your e-profile at www.nabp.net in order to obtain your NABP e-Profile ID.

Psychologists & Psychiatrists & Physicians:
Psychiatrists & Physicians

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists
The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 12.5 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

California Psychologists: PESI, Inc. is approved by the CPA OPD to sponsor continuing education for psychologists. Provider #PES010. PESI maintains responsibility for this program and its contents. PESI is offering this activity for 12.5 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 9.5 Clinical Practice and 3.0 Ethics continuing education credits. No more than 12.5 total CE hours may be awarded for this activity. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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☐ January 23-24, 2020

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ADA NEEDS
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

- **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*
- **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- **Groups of 5 or more:** Call 800-844-8260 for discounts.
- **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details. *Advanced registration required. Cannot be combined with other discounts.*



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3 Check tuition:
TUITION with Conference Manuals

- ☐ **\$439.99** per person postmarked 3 weeks prior to event **or** per person for 2 or more preregistering together
- ☐ **\$499.99** Standard Tuition per person

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— \$439.99* Psychopharmacology 2-Day Conference on CD (audio) (RNA048500)

— \$24.99* Psychopharmacology book (PUB083825)

— \$19.99* Mindful Chair Yoga card deck (PUB085920)

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