

Outline

DAY ONE:

Brain Topography, Function, and “Normal Aging”

Temporal Lobe

Frontal Lobe

Parietal Lobe

Occipital Lobe

Impact of dementia on brain structure and functioning

How we view the patient - compassion and sensitivity in your work

Cognitive Disorder and “Forgetfulness”

“Normal aging” and ageism

Transient Cognitive Decline

Pre-cursor to dementia

Mild Neuro-Cognitive Disorder

Clearly Understand Diagnoses for Alzheimer’s Disease and Differentiate it from Other Dementias

Alzheimer’s

Vascular

Parkinson’s

Lewy Body

Frontotemporal

Potentially reversible conditions

Wernicke-Korsakoff

Easy-to-Use Cognitive Assessment Tools

Mini-Mental State Examination

SLUMS

Clinical applications

Administration and scoring

Objective and subjective interpretation

The Latest Medications and Preventative Treatments

Current medications

Early and mid-stage Alzheimer’s

Mid and late-stage Alzheimer’s

Preventative treatments

Alternate interventions

DAY TWO:

Mental Health Evaluation

Depression

Major depression

Persistent depressive disorder

Adjustment disorder

Grief

Anxiety

Schizophrenia

Bipolar disorder

Alcohol abuse

Differentiate dementia and depression

Practical applications

Mental Health Interventions

Therapy modalities

Cognitive-Behavioral Therapy

Music therapy

Art therapy

Pet therapy

Garden therapy

Difficult Behaviors Related to Dementia: Triggers and Effective Intervention Techniques

Goals and general concepts

Individualizing care - strengths and limitations

Depression

Delusions and hallucinations

Potential causes and complications

Agitation/restlessness - triggers and care planning

Activities of daily living - structure and engagement strategies

Tactics for verbal and physical combativeness

Elopement - reduce risks and action steps

Adapting as the disease progresses

Working with Caregivers: Family as Members of the Care Team

The most common questions from family

Family dynamics

Normalizing change

Anticipatory grief counselling

Caregiver self-assessment scale

Caregiver stress, depression and guilt -- coping mechanisms

Coping for the clinician

Ethics

End of life issues

Responsibility to patient

Reporting abuse

Power of Attorney

Documentation

Live Course Schedule (both days)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (*on your own*)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience:

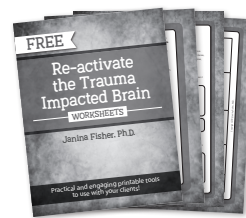
Social Workers • Nurses • Speech-Language Pathologists
Psychologists • Counselors • Nursing Home Administrators
Assisted Living Facility Administrators • Case Managers
Marriage and Family Therapists • Physical Therapists
Long Term/Acute Care Professionals
Occupational Therapists • Physicians • Psychiatrists

Objectives

1. Assess the impact of dementia on brain structure and function.
2. Determine the difference between “normal forgetfulness” and cognitive impairment.
3. Discriminate Alzheimer’s Disease from other dementias by identifying manifestations of each type.
4. Articulate the differences between the Folstein Mini-Mental Status examination, SLUMS and MOCA as screening measuring tools for cognitive impairment and dementia.
5. Communicate how difficult questions from family members can be answered with confidence and sensitivity.
6. Establish how clinicians can effectively intervene in delusions, resisting care and combativeness.
7. Articulate how clinical interventions can be adapted to provide patients with individualized care and promote more effective participation in therapy.
8. Correlate patients’ strengths and limitations to potential therapeutic approaches for older adults.
9. Specify how professionals can work in partnership with families to improve care.
10. Investigate the concept of caregiver guilt and its implications for the client, clinicians, and those caring for older adults with dementia.
11. Explore how end of life and elder abuse issues inform decisions regarding patient responsibility and documentation.
12. Characterize how to differentiate dementia from depression despite similar clinical manifestations.

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The Aging Brain

& Alzheimer’s Disease, Other Dementias

2-Day Comprehensive Training Course

Denver, CO

Thursday & Friday

January 23 & 24, 2020

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The Aging Brain

& Alzheimer’s Disease, Other Dementias

2-Day Comprehensive Training Course

- Easy-to-use tools to assess for cognitive difficulties
- Effective interventions for difficult behaviors
- Overcome communication issues that can obstruct quality care
- Identify and reduce safety risks

Denver, CO

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Questions?

Call customer service at
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The Aging Brain: Alzheimer’s Disease, and Other Dementias: 2-Day Comprehensive Training Course

Older adults with dementia and other mental health issues interact with a variety of professionals including nursing staff, psychologists, counselors, social workers, OTs, PTs, SLPs, home health aides, adult day center staff, and first responders. Still, many haven’t had extensive training on the complexities that make working with this population so challenging.

Without appropriate training, safety risks grow and opportunities to improve care and quality of life are missed.

This 2-Day comprehensive course is a must-have for anyone working with older adult patients facing Alzheimer’s Disease, other dementias, and mental health issues like anxiety and depression. Over two intensive days you’ll discover how you can assess for and differentiate between different types of dementias, maximize daily functioning, better work with significant mental health issues like anxiety, depression and substance use in older patients, and safely and effectively intervene when difficult behaviors arise.

No matter your profession, you can’t afford to miss this chance to get the skills, tactics and knowledge you need to provide the best care possible!

Sign up today!

Here’s What Attendees Are Saying About This Program

“I would recommend this course to anyone who works with older people.”

“Probably the best CE program that I have attended.”

“Extremely informative and well done. I couldn't possibly think of any way to improve it further.”

“Held the audience’s interest with every word.”

Register Now: 800-844-8260 pesi.com/express/76104


Speaker

ROY D. STEINBERG, PhD, a gero-psychologist with over 22 years of experience, concentrates his work on diagnosing and facilitating treatment of individuals with Alzheimer’s disease and other forms of dementia. He has lectured nationally on the assessment and treatment of individuals with Alzheimer’s disease, and on increasing attention on caring for caregivers. Dr. Steinberg is the author of *Forgetting the Memories: A Caregiver’s Journey Through Alzheimer’s Disease* a guide for caregivers that draws upon his profound knowledge of the disease, its manifestations and treatment, and his great love and tenderness as the son of an Alzheimer’s patient.

Dr. Steinberg maintains a private practice devoted exclusively to serving older adults and their caregivers. He provides evaluation, consultation, and psychotherapeutic services to older adults in nursing homes, assisted living, and medical facilities. Dr. Steinberg provides outpatient consultation, educational, and counseling services to families and other caregivers of older adults to facilitate coping with the process of dementia.

Dr. Steinberg is licensed in New Jersey, Pennsylvania, New York, and California. He received his PhD from the California School of Professional Psychology at Berkeley. He has been featured in numerous media venues, including television, radio, and print.

Speaker Disclosure:
Financial: Roy Steinberg maintains a private practice. He is an author for AuthorHouse. He receives a speaking honorarium from PESI, Inc.
Non-financial: Roy Steinberg has no relevant non-financial relationship to disclose.



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Mindful Aging
Embracing Your Life After 50 to Find Fulfillment, Purpose, and Joy
By **Andrea Brandt, PhD, MFT**
The acclaimed Mindful Aging is full of exercises and tools to help you embrace a new mindset and blaze a new trail in your life fueled by passion, purpose, and creativity. Through research, inspiring stories of real people, and Dr. Brandt’s psychological insight, you’ll be able to claim the immense joy and love that are yours to have, the deep wisdom that is yours to share, and the exciting self-discoveries and contributions that are uniquely yours to make.



Anti-Burnout Card Deck
54 Mindfulness and Compassion Practices To Refresh Your Clinical Work
By **Laura Warren, MD, Mitch R. Abblett, Ph.D., Christopher Willard, Psy.D.**
Stay attuned and empathic towards even the most challenging clients. The Anti-Burnout Card Deck will help you let go of emotional residue and countertransference between sessions, and finish each day with a sense of satisfaction.

Live Course Continuing Education Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, “Evaluation and Certificate” within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “LIVE SEMINAR SCHEDULE” on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession’s standards. The planning committee and staff who controlled the content of this activity have no relevant financial relationships to disclose. For speaker disclosures, please see speaker bios.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

COUNSELORS: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

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NURSING HOME ADMINISTRATORS: This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 12.5 clock hours and 12.5 participant hours. Full attendance is required; no partial credits will be offered for partial attendance.


OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or 1.25 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This activity consists of 12.5 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

PSYCHOLOGISTS & PSYCHIATRISTS & PHYSICIANS:

Psychiatrists & Physicians
PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists
The following state psychology boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 12.5 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.



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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for 1.25 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 125 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

COLORADO SOCIAL WORKERS: PESI, Inc. is an approved provider with the Colorado Chapter of the National Association of Social Workers. Provider #1413. This course has been approved for 12.6 continuing education hours.

OTHER PROFESSIONS: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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☐ **January 23 & 24, 2020**

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

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- **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- **Groups of 5 or more:** Call 800-844-8260 for discounts.
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