

Outline

HOW RECENT CHANGES IN STROKE TREATMENT ARE RESHAPING THERAPY

- Hot topics and innovations in stroke rehabilitation
- What stroke rehabilitation will look like in 1, 5, and 10 years

IMPROVE YOUR CLINICAL REASONING AND ASSESSMENT SKILLS FOR STROKE REHABILITATION

- Today's best evaluations for:
 - Gait, balance, and coordination
 - Strength, mobility, and stability
 - Upper extremity function
 - Lower extremity function
 - Executive function

• Hands-on lab

EXPAND YOUR STROKE REHABILITATION TOOLBOX

- Effective techniques you can use immediately to:
 - Ignite neuroplasticity for breakthrough results
 - Restore functional strength more quickly
 - Enhance function and multi-tasking ability
 - Reduce spasticity
 - Restore limb use
 - Resolve impairments from a more functional, person-centered perspective
 - Improve bed mobility, transfers, and gait with less strain
 - Design a more effective home program
 - Intensify therapy safely and effectively
 - Re-engage difficult or depressed patients

• Hands-on lab

HOW TO BETTER INTEGRATE MULTIPLE APPROACHES FOR IMPROVED OUTCOMES:

- Constraint-induced movement therapy
- Bimanual therapy
- Dual task interventions
- Balance and gait training
- Taping
- Functional activities
- Therapeutic exercise
- Neuroplasticity-building interventions

DESIGN ROBUST, INNOVATIVE PLANS OF CARE FOR YOUR PATIENTS

- Effective treatment strategies for specific impairments related to:
 - Ataxia
 - Hemiparesis
 - Neglect
 - Pusher syndrome
 - Spasticity
 - Subluxation
 - Gait and mobility
 - Decreased sensation
 - Reduced flexibility
 - Muscular weakness
 - Timing/coordination

JUSTIFY THERAPY WITH THE RIGHT PROGRESS MEASURES

CASE STUDIES: PUT KNOWLEDGE TO PRACTICE

- Case study 1: Correctly select the root cause of impairment
- Case study 2: Apply advanced gait training and multitasking techniques
- Case study 3: Improve postural control and mobility with an agitated patient
- Case study 4: Overcome barriers to effective strategy implementation
- Case study 5: Adjust your plan of care for surgical and technological advances

Target Audience

Physical Therapists • Physical Therapist Assistants • Occupational Therapists
Occupational Therapy Assistants • Rehab Directors • Rehab Managers
Nurses • Nurse Practitioners

Live Seminar & Webcast Schedule

(both days) (times listed in Pacific)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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2-DAY Stroke Rehabilitation Intensive Training Course

*Best Practices for Rapid Functional
Gains and Improved Outcomes*

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go-to resource
for stroke
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2-DAY Stroke Rehabilitation Intensive Training Course

*Best Practices for Rapid Functional
Gains and Improved Outcomes*

- Today's best practices for improving recovery and outcomes
- Expand your stroke rehabilitation toolbox with the best interventions currently available
- How recent changes are reshaping therapy – advancements you must be prepared for
- Innovative techniques to completely redefine what's possible for your patients
- Strategies to help survivors leave their limitations behind
- Develop and market a world-class stroke rehabilitation program for your facility

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2-DAY

Stroke Rehabilitation Intensive Training Course

Best Practices for Rapid Functional Gains and Improved Outcomes

Working with stroke patients is deeply meaningful and incredibly rewarding. And you strive to help each client who’s counting on you to facilitate the improvements that can change their lives.

But some patients are so impaired that treatment becomes overwhelming. Others make exceptional gains in clinical settings, only to hit a wall in less controlled environments. As time passes without results, even the most promising patient can feel the sun setting on the person she used to be, growing disengaged and depressed -- convinced she can’t progress further with therapy.

If you’re not up to speed on the latest treatment strategies, she might be right.

Learn how to apply innovative techniques that completely redefine what’s possible for your patients in this intensive, hands-on course! Built on today’s best practices, this program will show you highly effective tools and strategies that have helped countless survivors leave their limitations behind, even 20 years post stroke.

Sign up today and leave this one-of-a-kind training knowing that when your next patient tells you how she hopes to return to work or stay active with her grandkids, you’ll be able to confidently guide her toward rapid functional improvements with the best methods available in neurological rehab!

Speaker

BENJAMIN WHITE, PT, DPT, C/NDT, LSVT BIG, is an expert in stroke rehabilitation who serves as the lead neurological therapist at a not-for-profit healthcare institution in Texas. A graduate of the University of Texas Health Science Center’s physical therapy doctoral program, he has treated a wide array of neurological diagnoses over the years, from concussions and vestibular disorders to stroke, Parkinson’s, and Guillain-Barré syndrome.

Dr. White is an award-winning clinical instructor, a renowned national speaker on stroke rehabilitation topics, and has published numerous articles on the topics of neuroplasticity and stroke. In addition, he serves on the Neuro-Development Treatment (NDT) publication committee and is the co-president of the Brazos Valley Parkinson’s Association.

Speaker Disclosures:
Financial: Benjamin White has an employment relationship with Baylor Scott & White. He receives a speaking honorarium from PESI, Inc.
Non-financial: Benjamin White is a member of the Neurodevelopmental Treatment Association.

Objectives

•Discuss the latest advances in stroke recovery and their implications for therapy.

•Review strategies for identifying the root causes of post-stroke impairments faster.

•Demonstrate how to enhance function with dual task interventions.

•Describe techniques for improving bed mobility, transfers, and gait with less strain.

•Demonstrate how to reduce spasticity and restore limb use with constraint-induced movement therapy.

•Design an effective home program.

•Discuss a more functional, person-centered approach to resolving impairments.

•Review parameters for safely intensifying rehab.

•Determine effective strategies for helping difficult or depressed patients become more engaged in their recovery.

•Evaluate traditional and innovative treatment strategies.

•Review progress measures used to justify therapy.

•Discuss how to overcome barriers to effective strategy implementation.

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