#### OUTLINE

#### **Are YOU Ready?**

- Preparing for the High-Risk Patient
- Guidelines, Tool Kits, Protocols &
- Unit Readiness
- Ensuring Staff Preparedness for a
- Preventing Traumatic Birth & Poor Outcomes

#### **OB Triage Challenges**

- ED vs. OB Deciphering Which Patient & Which Dept.
- Legal Pitfalls
  - Deposition Decisions Do you Agree?
- Maternal Fetal Triage Index
- Defining Best Practices

#### **Hypertension in Pregnancy**

- Pre-eclampsia: It's Not Over Until it's Over
- Eclampsia
- Diagnostic Criteria Effect on Body Systems • HELLP
- - Lab Tests & Expected Findings Critical Effects
- Medication Management
- Key Clinical Pearls

#### **Obstetrical Hemorrhage**

- Antepartum Causes: PPH is NOT the Diagnosis
- Postpartum Causes Invasive Placenta: Acreta, Increta, Percreta **Emergency Management** Recognize & Escalate Fluids & Blood Products
- Debriefing Process

#### **Shoulder Dystocia**

- Interventions You MUST Know
- Risk Factors: ADOPE
- Emergency Maneuvers
- Maternal Effects
- Newborn Effects
- Critical Points in Documentation

#### **Diabetic Ketoacidosis in Pregnancy**

- Diabetic Goals & Patient Management
- Care During Labor & Delivery **Key Assessments** Avoiding DKA
- Emergency Management

#### **Amniotic Fluid Embolism**

- Defined Criteria
- Symptoms & Causes
- Emergency Algorithm
- · High Morbidity & Mortality • Frequent Rehearsal of Critical
- Critical Documentation Points

#### **Perinatal Infections**

- Group B Strep
- Decreasing or Still a Threat?
- Current Recommendations
- Chorioamnionitis
- Perinatal Transmission of HIV
- Update on ZIKA

#### Sepsis in Pregnancy

- Recognizing Signs & Symptoms
- Critical Lab Values
- Emergent Interventions
- Surviving Sepsis Bundle

## **OBJECTIVES**

- 1. Analyze key assessment needs of high risk labor patients to know when care needs to be
- 2. Distinguish early warning signs in the obstetrical patient that may lead to maternal or infant morbidity or mortality.
- 3. Predict the management course and patient care needs in various clinical examples using sample evidence-based protocols.
- 4. Determine your level of readiness to respond to emergencies for high risk pregnancies.
- 5. Develop strategies for effective communication and teamwork during these most
- 6. Interpret the possible causes of a post-partum hemorrhage and appropriate management
- 7. Discuss the course of pre-eclampsia, eclampsia and HELLP and identify appropriate treatment

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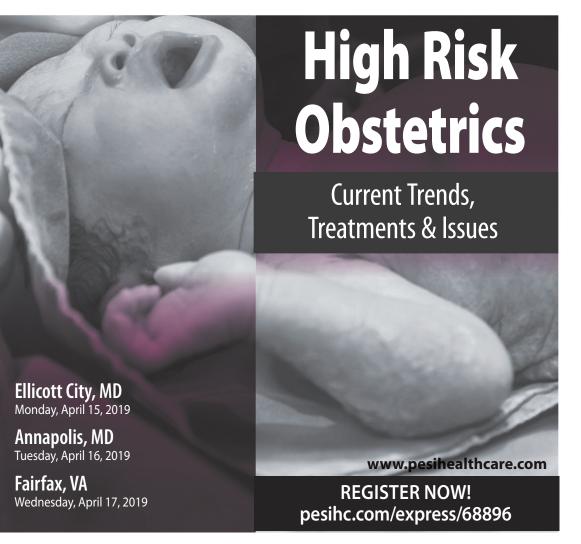
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# High Risk Obstetrics

# Current Trends, Treatments & Issues

You do **NOT** want to be unprepared when the next high-risk OB patient comes through the door! Expert, Donna Weeks, DNP, APN, RNC-OB, C-EFM, will delve into the most common and complicated emergencies presenting in today's obstetrical patients. Her extensive experiences in obstetrics have provided her with keen insight into these often challenging and frightening situations. She is eager to share with you effective interventions and treatment strategies that improve patient outcomes.

Through enlightening case studies, persuasive evidenced-based research, and an engaging presentation style, Donna will provide you with a comprehensive look at pre-eclampsia, eclampsia, HELLP, shoulder dystocia, sepsis and DKA in pregnancy, OB triage, hemorrhage complications, and so much more! Attend this seminar to learn new strategies and techniques that can immediately impact the maternal and fetal outcomes of your obstetrical patients.

### **SPEAKER**

Dr. Donna Weeks, DNP, APN, RNC-OB, C-EFM, has over 25 years of maternal child nursing experience where she has held roles from staff nurse, to manager, recruiter, and educator and is practicing as a clinical nurse specialist at JFK Medical Center. Donna has been instrumental in leading AWHONN's Postpartum Hemorrhage Project as well as the Baby Friendly Initiative at her facility. She also serves an adjunct professor at Kaplan University, teaching in the graduate program.

Dr. Weeks' nursing education includes a BSN through the State University of New York, a MSN from The College of New Jersey and a DNP through Rutgers, The State University of New Jersey. Additionally, she is certified in Inpatient Obstetrics and Electronic Fetal Monitoring, is an NRP Instructor, and an AWHONN Instructor in a variety of topical areas. Donna's vast knowledge and expertise allow her to present the most challenging concepts in a way that is easy to understand.

Speaker Disclosures:

Financial: Donna Weeks is an adjunct instructor for Kaplan University. She has an employment relationship with JFK Medical Center. Dr. Weeks receives a speaking honorarium from PESI, Inc.

Non-financial: Donna Weeks is a member of the Association of Women's Health Obstetrics and Neonatal Nursing.

Ouestions? Call customer service at **800-844-8260** 

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#### AWHONN Perinatal Nursing, Fourth Edition

By Kathleen R. Simpson, RNC, PHD, FAAN & Pat A. Creehan, MSN, RNC, RN

An official publication of the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), Perinatal Nursing, Fourth Edition presents up-to-date information based on the most rigorous evidence and offers suggestions for best practices. This new edition of the authoritative, comprehensive text used by perinatal nurses worldwide features a wealth of new content to keep practice current.

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