

Outline

The Full Picture of the Total Joint Patient *Why looking in isolation can be disastrous*

- How you can miss predisposing factors for DJD with a nonfunctional approach
- Examine the whole LE kinetic chain with functional test observations

Today's Total Joint Procedure

What we can learn by watching surgical videos

- The new reality – reducing the amount of rehab care post-op
- Post-op approaches should vary based upon procedure and component used in surgery
- 6 surgical advancements that could affect your plan of care
 - Using muscle sparing approaches
 - Computerized mapping
 - Robotics
 - Peri-operative blood loss
 - Pain control measures
 - 3D custom designed implants

Acute Post-op Recovery Interventions

How to maintain a robust post-op rehab plan for same-day discharges

- New CMS guidelines for total joint patients: seeing patients right after surgery

- Confidently managing:
 - Pain management, opioid tolerance, and opioid induced constipation (OIC)
 - Active and passive TED strategies
 - Wound care/infection prevention: early identification of wound versus joint infection
 - Blood thinners: various types, early warning signs of high anticoagulant levels, and identifying DVT versus cellulitis or poor edema control
 - compliance
 - Patient education on positioning, safe transfers and mobility

Use Functional Dynamics for Optimal Returns

Hands -on Lab

- REMEMBER: Exercising joints in isolation will NOT progress your patients faster, further
- Progress the LE as a functional unit
 - Video demonstration of techniques
- Incorporate closed chain kinematics that lead to successful outcomes in reduced time
- Returning normal gait mechanics using proprioceptive, balance, and coordination activities

Live Seminar Schedule

7:30: Registration/Morning Coffee & Tea

8:00: Program begins

Lunch Break: 1 hour (*on your own*)

4:00: Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

A more detailed schedule is available upon request.



Who Should Attend

Physical Therapists • Physical Therapist Assistants • Nurses • Occupational Therapists
Occupational Therapy Assistants • Athletic Trainers • Exercise Physiologists
Certified Strength and Conditioning Specialists • Rehabilitation Managers • Personal Trainers

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



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Advanced Treatment for Total Hip & Knee Replacement

Faster Recovery and Improved Outcomes

Cherry Hill, NJ
Wednesday
March 20, 2019

Edison, NJ
Thursday
March 21, 2019

Parsippany, NJ
Friday
March 22, 2019

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Advanced Treatment for Total Hip & Knee Replacement

Faster Recovery and Improved Outcomes

- Confidently keep up with today's accelerated pace of surgery by learning advanced techniques for total hip and knee replacements
- 3 quick steps to achieve early functional mobility goals
- 5 latest strategies to optimally return patients back to activity
- Quickly and easily address early signs of adverse events
- BONUS: actual videos of joint replacement procedures

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