

# 2019 Psychopharmacology 2-Day Conference

Spend two action-packed days learning about the newest advances in psychopharmacology and contemporary trends in medication management. From his unique perspective, Dr. Perry Buffington teaches psychopharmacology thoughtfully, with an emphasis on the experience of the client. Dr. Buffington's years of experience in mental health and passion for clients, shines through in the detail and thoroughness of his presentation.

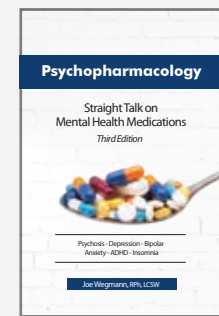
Clients often only have a few minutes with their prescriber and require additional support. It's vital that you are able to answer their questions, help manage side effects and understand reactions. Designed for counselors, nurses, psychotherapists, psychologists, and other mental health professionals, Dr. Buffington provides the information you need in order to best help your clients.

This conference allows time for exploration of underrepresented areas, including ADHD, substance use disorders and psychopharmacological ethics. Take home specialized guidelines for geriatrics and clients with chronic pain. Discuss how the DSM-5® and the Affordable Healthcare Law have impacted prescribing patterns and the use of psychotropics in newly defined diagnoses. In addition to a general 'nuts and bolts' review of medications, you will examine case examples, discuss medication controversies and how to effectively collaborate with prescribing practitioners. You will find this conference to have the most up-to-date medication information and how to use it most effectively with your client.

## Conference Designed Especially for

Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers  
Marriage & Family Therapists • Nurses • Nurse Practitioners • Clinical Nurse Specialists  
Addiction Counselors • Pharmacists • Occupational Therapists • Occupational Therapy Assistants • Other Mental Health & Health Care Professionals

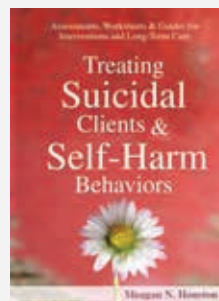
## SAVE by Including These Products With Conference Registration!



### **Psychopharmacology: Straight Talk on Mental Health Medications, 3rd Edition**

By Joseph F. Wegmann, Pharm.D., LCSW

A definitive guide to expand your knowledge in the pharmacological and behavioral treatment of psychosis, anxiety, depression, bipolar, insomnia and ADHD. Updates for the third edition include DSM-5 applications, newly released psychiatric meds, new risk factors with antidepressants, and the latest in geriatric psychopharmacology.



### **Treating Suicidal Clients & Self-Harm Behaviors: Assessments, Worksheets & Guides for Interventions and Long-Term Care**

By Meagan N. Houston, Ph.D., SAP

*Treating Suicidal Clients & Self-Harm Behaviors* is filled with proven assessments, unique worksheets and action-based methods to help your clients navigate and survive the turbulent periods of their lives where suicidal and/or self-harm behaviors appear to be their primary options to cope. This complete resource also includes underlying etiology, varying life factors, and mental health concerns that influence suicidal and self-destructive behaviors.



### **Cognitive Behavioral Therapy & Mindfulness Toolbox: 50 Tips, Tools and Handouts for Anxiety, Stress, Depression, Personality and Mood Disorders**

By Richard Sears, PsyD, MBA, ABPP

Clinical psychologist and mindfulness expert Dr. Richard Sears has created a practical, engaging skills manual that clearly defines the principles of CBT and then demonstrates steps for integrating mindfulness practices into therapy -- all drawing from the latest research. Straight-forward explanations and dozens of worksheets provide fresh insights and new tools to move therapy forward when treating stress, anxiety, panic, depression, pain, trauma, addictions, and other issues.

More info and resources at [www.pesi.com](http://www.pesi.com)

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# 2019 Psychopharmacology 2-Day Conference

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How & why mental health medications work

Which medications are evidenced-based to best treat which disorders

Improve your clients' responses and clinical outcomes to medications

Help your clients recognize side effects and learn how to manage them

Learn about new trends in prescribing

Current controversies in the field  
New and emerging ethical dilemmas both prescribing and non-prescribing clinicians face daily

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