

Outline

Biological Psychiatry

Neurotransmitters: The theoretical emotional signaling chemicals of the brain  
Limitations of the research and potential risks

DSM-5® and Psychotropic Med Use  
Depression

Antidepressants: How they are thought to work  
Cyclics  
SSRIs  
SNRIs  
Other common antidepressants – and why they are used  
Side effects and risk factors  
Herbals and depression  
Treatment-resistant depression

Improve patient compliance with mental health medications

Limitations of the research and potential risks  
What you and your clients should know

Bipolar Spectrum

Medicating Bipolar disorder  
Current “gold standard” treatment and side effects  
Anticonvulsant and antipsychotic use in Bipolar disorder  
Anticonvulsant side effects  
Risks of medication non-compliance  
New! Controversial concepts in treating Bipolar spectrum

The Many Manifestations of Anxiety

Medicating anxiety  
Benzodiazepines  
Non-benzodiazepines  
Medications used to treat insomnia  
Using anxiolytics safely  
Side effects of the anxiolytics

Schizophrenia

How antipsychotic medications are thought to work  
Conventional antipsychotics  
Second generation agents  
Antipsychotic side effects  
Relapse and non-compliance

Controversy surrounding antidepressants in treating children and adolescents

Antidepressants and suicide in children: The real truth  
Medicating anxiety in children  
Disruptive mood dysregulation disorder – the new pediatric bipolar disorder?

ADHD Medications – What’s new, what’s old. Stimulants, Non-Stimulants, and some surprises!

The evolution of psychostimulants

Alzheimer’s medications, treatments, theory and controversy

What’s Next: Newly Approved Mental Health Medications

Objectives

- Articulate the clinical uses of the five major psychotropic medication classes- the antidepressants, mood stabilizers, anti-anxiety agents, antipsychotics and psychostimulants- including their efficacy, and their common side effects.
- Communicate the potential benefits and risks of using psychotropic medication to treat a wide array of conditions.
- Explore psychotropic medication treatment options for clients with Attention Deficit/Hyperactivity Disorder.
- Analyze the actions, therapeutic uses, and side effects of antidepressants in adults and children.
- Implement effective methods for collaborating with clients, families and prescribers in order to build a comprehensive treatment plan.
- Explore specific ethical issues and their resolve to the everyday practice of clinical psychopharmacology.

Target Audience

Counselors • Nurses • Nurse Practitioners • Clinical Nurse Specialists • Social Workers • Psychotherapists • Psychologists • Case Managers  
Marriage & Family Therapists • Addiction Counselors • School Psychologists • Pharmacists • Other Mental Health & HealthCare Professionals

Hassle-Free Cancellation Policy:

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Psychopharmacology

What You Need to Know Today about  
Psychiatric Medications

ANNAPOLIS, MD  
Monday, June 25, 2018

TOWSON, MD  
Tuesday, June 26, 2018

ELLICOTT CITY, MD  
Wednesday, June 27, 2018

Psychopharmacology

What You Need to Know Today about  
Psychiatric Medications

- Improve your clients’ adherence to their meds
- Practical ways to effectively communicate med information
- Best meds for each disorder & age group
- Depression, bipolar, anxiety, schizophrenia, ADHD
- DSM-5® and psychotropic med use

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# Psychopharmacology

## What You Need to Know Today about Psychiatric Medications

### Most Up-To-Date Psychotropic Medication Info

Demands on mental health professionals to expand their knowledge of psychotropic meds are like never before . . . not only do you need to be on top of the latest developments and what is on the horizon, but you also have to take that information, and use it most effectively for your client.

- \* Improve clients' understanding of their mental illness, and how medication aids recovery
- \* Identifying treatment concerns with inappropriate, inadequate doses of medication
- \* Tools to help clients manage unpleasant side effects
- \* Strategies to improve client adherence to medications
- \* Depression, bipolar, anxiety, schizophrenia, ADHD -- the latest trends in medication management

## Speaker

**JeanAnne Johnson Talbert, DHA, APRN-BC, FNP, PMHNP, AOCN, CARN-AP,** has over 25 years of experience in the medical field. She specializes in the treatment of substance use disorders. She graduated from Georgetown University in Washington, DC, with a Master's Degree in Nursing as a Family Nurse Practitioner. She later received her Doctorate. As a practitioner, she has worked in a variety of specialties and settings, including inpatient and outpatient. She owns her own clinical practice, is the clinical director for an acute detox center, is the medical director for two substance abuse treatment centers, and provides medication management to adolescents who are institutionalized. JeanAnne just completed another degree from Rush University as a Psychiatric/Mental Health Nurse Practitioner. She is board certified in Family Practice, Oncology and Substance Abuse/Addiction treatment and Psychiatric/Mental Health. JeanAnne has been active with publishing and national speaking on the topic of substance abuse.

Speaker Disclosure:

Financial: JeanAnne Johnson Talbert maintains a private practice. She receives a speaking honorarium from PESI, Inc.

Non-financial: JeanAnne Johnson Talbert is a member of the International Nurses Society on Addictions; American Psychiatric Nurses Association; and American Academy of Nurse Practitioners.

### Live Seminar Schedule

**7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch (*on your own*)  
**4:00** Program ends

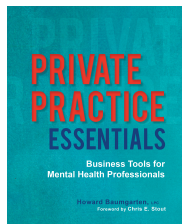
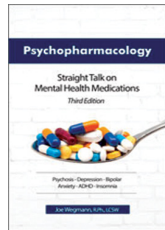
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*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.*

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**PSYCHOLOGISTS:** PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



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