

# Outline

## Creating a Culture of Safety

- Identifying patients at risk and risky situations
- Which risk factors can we modify?
- What are the organizational barriers to patient safety?
- Identifying co-morbidities that contribute to and result from falls

## Fall Risk Assessment

- Current guidelines
- Screening tools: Who, what, where, when, how?
- Assessing the environment
- Assessing the care provider
- Recommended tools

## Develop a Successful Fall Prevention Program

- Identifying patient need for intervention
- Leveraging multidisciplinary participation: Roles and responsibilities
- Creative strategies to prevent falls and injuries

## Patient Evaluation

- History
- Physical exams
- Physical and psychological evaluation tools
- Diagnostic tests
- Impact of gait disturbances



## Objectives

1. Evaluate individual and organizational precipitating causes for falls.
2. Formulate a comprehensive plan for reduction of falls.
3. Create a culture of safety within organizations and homes.
4. Evaluate specific risk factors that lead to falls: medications, gait disturbances, mental and cognitive disturbances.
5. Analyze tools for implementation and evaluation of a multi-disciplinary fall prevention program.
6. Identify appropriate immediate response to patient falls.
7. Discuss risk management strategies for adverse patient outcomes.

## Seminar on DVD or CD Package:

You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesihealthcare.com](http://www.pesihealthcare.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

## What to Do When a Patient Falls

- How to help a patient fall safely
- Assess need for immediate care
- Evaluate for acute illness/precipitating factors
- Communicate with caregivers and family
- Common injuries
- Goals of care

## Difficult Situations

- Frequent fallers
- Risk of anticoagulant therapy
- Prolonged time on the floor
- Fractures
- Head injuries

## Risk Management

- Home safety evaluations
- Communication and evaluation
- Quality improvement opportunities
- High-risk scenarios
- Addressing family concerns
- Managing poor outcomes

## Apply and Create

- Solutions for your biggest challenges



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# FALL PREVENTION CHALLENGES

## Real Solutions to Reduce Falls, Prevent Injuries and Limit Liability



Camp Hill, PA  
Monday  
May 14, 2018

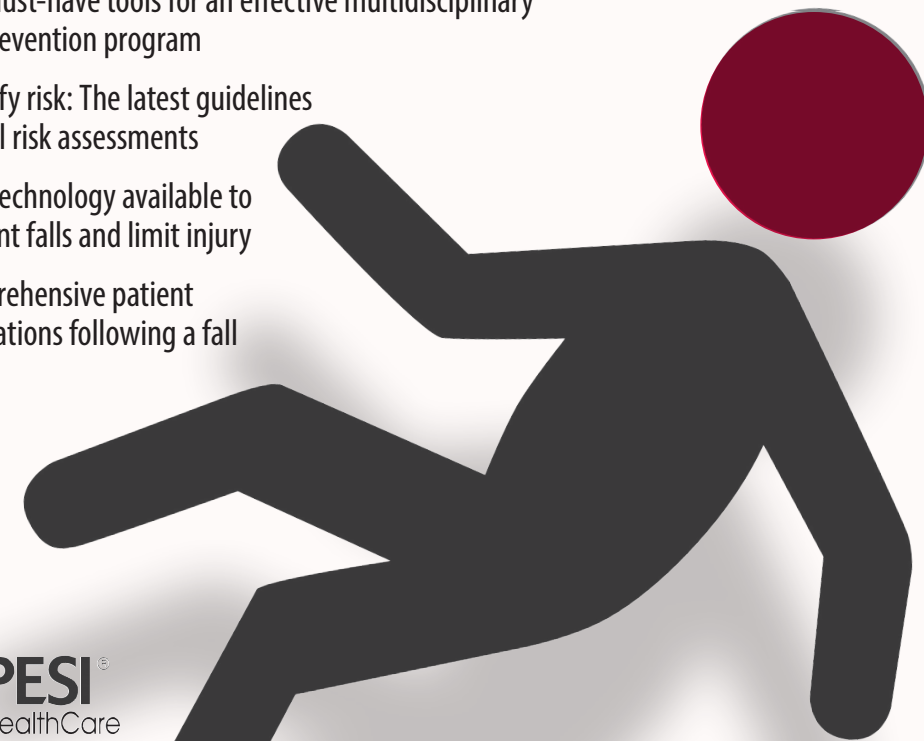
King of Prussia, PA  
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# FALL PREVENTION CHALLENGES

## Real Solutions to Reduce Falls, Prevent Injuries and Limit Liability

- Which fall prevention interventions are effective - and which are not?
- Tips to effectively manage your high risk & challenging patients
- The must-have tools for an effective multidisciplinary fall prevention program
- Identify risk: The latest guidelines for fall risk assessments
- New technology available to prevent falls and limit injury
- Comprehensive patient evaluations following a fall



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**Lynn W. Smith, EdD, MSN, RN, BC,** has nursing experience that includes more than 20 years as a Clinical Nurse Specialist in Critical Care, during which time she collaborated in interdisciplinary teams to write and implement protocols for patient safety and fall prevention. In her role as nursing supervisor, she promoted continuity of care for best patient outcomes. She has served as an active member of the research council and continues to support nursing research and incorporation of evidence-based practice into nursing.

Additionally, Lynn teaches in the nursing department at Northern Kentucky University, interweaving Quality and Safety Education in Nursing into the curriculum for the next generation of nurses.

Speaker Disclosure:

Financial: Lynn W. Smith has an employment relationship with Northern Kentucky University. She receives a speaking honorarium from PESI, Inc.

Non-financial: Lynn W. Smith has no relevant non-financial relationships to disclose.



PESI Inc. is proud to offer this seminar (at these locations only) *free of charge* (on live seminar tuition) for veterans and active duty military personnel. **Advance registration by phone required.**

### Have a seminar idea? A manuscript to publish?

The nation's top speakers and authors contact PESI HealthCare first. If you are interested in becoming a speaker, or have a new topic idea, please contact Missy Cork at [mcork@pesi.com](mailto:mcork@pesi.com) or call (715) 855-6366.

## FALL PREVENTION CHALLENGES

Real Solutions to Reduce Falls,  
Prevent Injuries and Limit Liability

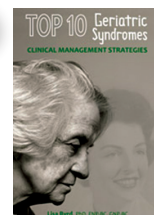


Falls frequently result in significant adverse effects not only to patients but also to families and institutions. The far-reaching effects of falls make fall prevention an important topic for all healthcare providers. Falls are associated with increased morbidity and mortality and are frequently a source of litigation and insurance claim denial. The impact of falls is extensive from psychologically to financially. The complex multifactorial causes of falls, such as cognitive disorders, gait impairment and environmental factors, make fall prevention a challenge; however, there are evidence-based interventions available to mitigate the risks for even the most challenging situations.

Healthcare professionals are increasingly aware of the importance of fall data, adverse effects from falls and limited staffing resources to provide 1:1 supervision to prevent falls. This seminar will provide realistic, efficient, and effective solutions to address falls. Learn best practice guidelines, evidenced-based interventions and prevention strategies, as well as how to apply this knowledge to your practice setting. This seminar will provide a hands-on, logical step-by-step approach to develop effective fall prevention plans to reduce falls, prevent injuries and limit liability. Join me for this comprehensive and dynamic seminar to explore your challenges and develop solutions for your struggles with falls.

## Speaker

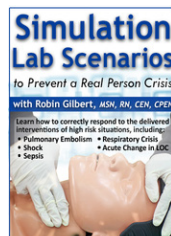
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### TOP 10 Geriatric Syndromes - Clinical Management Strategies

By Lisa Byrd, Ph.D., FNP-BC, GNP-BC, Gerontologist

This book will present many of the expected changes caused by normal aging and the Top Ten Geriatric Syndromes elders experience. These syndromes are a cascade of problems in an elder's health and revolve around vision and hearing problems, elimination issues, dizziness, falls, and cognitive impairment, including delirium as well as dementia (such as Alzheimer's disease). This easy to utilize, handbook format of treatment strategies will assist healthcare providers to better identify as well as diagnose when body changes signal disease in older adults. (2011)



### Simulation Lab Scenarios to Prevent a Real Patient Crisis

By Robin Gilbert, MSN, RN, CEN, CPEN

These simulation videos will allow you to think through the best action to take for the patient and review the rationale that follows. Learning through simulation scenarios provides immediate patient feedback, in a safe environment, which collectively builds confidence and provides an excellent bridge to real-life patient care situations.



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#### Target Audience:

Nurses, Nurse Practitioners, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, Nursing Home Administrators

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

#### Live Seminar Schedule:

**7:30** Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (on your own)

**4:00** Program ends

*10- 15 minute mid-morning and mid-afternoon breaks*

For locations and maps, go to [www.pesihealthcare.com](http://www.pesihealthcare.com), find your event, and click on the seminar title.

## Live Seminar Education Credit Information

**Credits listed below are for full attendance at the live event only.** Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

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**NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



Nurses in full attendance will earn 6.3 contact hours. PARTIAL CONTACT HOURS WILL BE AWARDED FOR PARTIAL ATTENDANCE.

**NURSING HOME ADMINISTRATORS:** This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 6.25 clock hours and 6.25 participant hours.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS:** This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

**PENNSYLVANIA PHYSICAL THERAPISTS OR PHYSICAL THERAPIST ASSISTANTS:** This course has been approved by the Pennsylvania State Board of Physical Therapy for 6.25 General Hours.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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Fall Prevention Challenges:  
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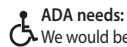
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**ADA needs:**

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

**Tuition Options:**

**FREE MILITARY TUITION:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advance registration by phone required.**

\$30 Tuition: If you are interested in being our registration coordinator for the day, go to: [www.pesihealthcare.com/coord](http://www.pesihealthcare.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

Groups of 10 or more: Call 800-844-8260 for discounts.

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Cannot be combined with other discounts.

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\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

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#### Fall Prevention Challenges:

**Real Solutions to Reduce Falls, Prevent Injuries and Limit Liability**

\_\_\_ Seminar on DVD\* (video) \$199.99 (RNV077095)

\_\_\_ Seminar on CD\* (audio) \$169.99 (RNA077095)

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\_\_\_ **Simulation Lab Scenarios to Prevent a Real Patient Crisis** DVD\* \$59.99 (RNV077295)

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