

## Outline

### Telemetry lead placement and management

Appropriate placement for 3-, 4-, 5- and 6-lead systems  
VIDEO: Lead placement  
Current recommendations for lead management

### Alarm management

Patient safety issue  
Joint Commission National Patient Safety Goal  
VIDEO: Tips to minimize alarming

### Rhythm interpretation

Cardiac anatomy  
Cardiac conduction system  
Measurement tips  
8 steps to interpretation

### Sinus rhythms

Sinus rhythm  
Sinus bradycardia  
Sinus tachycardia  
Sinus arrhythmia  
Sinus blocks and sinus arrest  
VIDEO: Pacer pad placement

### Atrial rhythms

Premature Atrial Contractions (PACs)  
Atrial tachycardia  
Atrial flutter  
Atrial fibrillation  
Wandering Atrial Pacemaker (WAP)  
VIDEO: Cardioversion

### Junctional rhythms

Junctional rhythm  
Accelerated junctional  
Junctional tachycardia  
Junctional escape beat  
Premature Junctional Contractions (PJC)s

### Ventricular rhythms

Ventricular rhythm  
Accelerated ventricular  
Ventricular tachycardia  
Premature Ventricular Contractions (PVCs)  
Torsades de Pointes  
Ventricular fibrillation  
Asystole  
VIDEO: Code 99 management  
VIDEO: Defibrillation

### Heart blocks

1st degree  
2nd degree – Type I  
2nd degree – Type II  
3rd degree  
VIDEO: Transcutaneous pacemaker management

### Pacemakers

A-paced  
V-paced  
AV-paced

### PESI Nurse Guarantee

Your satisfaction is our goal... and our guarantee! If you are not satisfied with this training, let us know and we'll make it right.

*Missy Cork*  
Missy Cork, MSN, RN-BC  
PESI HealthCare

## OBJECTIVES

1. Describe accurate telemetry lead placement and daily management.
2. Formulate strategies to minimize alarm fatigue.
3. Compare and contrast sinus and atrial rhythms.
4. Distinguish differences between life-threatening arrhythmias.
5. Plan for the administration of emergency medications to terminate lethal arrhythmias.
6. Discriminate between stable and unstable cardiac rhythms.
7. Plan appropriate nursing care for the patient experiencing unstable tachycardias.
8. Evaluate the effectiveness of interventions to treat selected arrhythmias.

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# Essential Rhythm Interpretation Skills for Nurses



**BELLEVUE, WA**  
Thursday, March 15, 2018

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Thursday, March 15, 2018

**SEATTLE, WA**  
Friday, March 16, 2018

Nurses • Nurse Practitioners • Clinical Nurse Specialists

# Essential Rhythm Interpretation Skills for Nurses

Featuring Critical Care/Stepdown  
Clinician and Educator

**Marcia Gamaly**

PhD(c), MSN, MHA, RN-BC, CEN, PCCN

Earn  
**1.0**  
CE Hour of  
ANCC approved  
Pharmacology  
credit

Created  
for  
Nurses  
by Nurses

- Take away 8 essential steps to accurate rhythm interpretation
- Learn how to interpret rhythms with a live Nurse Educator – NOT an online module
- Update your knowledge on the treatments and interventions for common & uncommon rhythms
- So . . . you have taken a rhythm class but STILL struggle with interpretation?
- Take charge of your practice! Don't rely on a monitor technician to read your rhythms
- Bring calipers to practice with . . . if possible!

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# Essential Rhythm Interpretation Skills for Nurses

Learn from nurse clinician, Marcia Gamaly, PhD(c), MSN, MHA, RN-BC, CEN, PCCN, during this unique learning opportunity. Through analysis of actual patient rhythm strips, you will return to work with new insights that will dramatically impact patient care outcomes.

- Don't fear calls from the physician asking what the patient's rhythm is! Improve your skills so you can accurately respond to physician questions.
- Develop confidence in your rhythm interpretation – for every complicated patient entrusted to your care.
- Anticipate medications and interventions needed for a variety of rhythms.
- Improve patient outcomes through quick identification and management of arrhythmias.

## Speaker

**Marcia Gamaly, PhD(c), MSN, MHA, RN-BC, CEN, PCCN**, has over twenty years of nursing experience at the bedside and in staff development. Marcia currently works as a clinical nurse educator at St. Mary Medical Center in Langhorne, Pennsylvania. In this role, she is responsible for the educational needs for over 250 nurses and support staff on a variety of units, including step-down, neuro-tele and medical-surgical units. She is interested in topics pertaining to the specialties of critical care, progressive care, medical-surgical, and emergency nursing. She is an instructor for BLS, ACLS, PALS, TNCC, ENPC and ASLS and works as a per-diem emergency department staff nurse.

Additionally, she is a doctoral student at Villanova University and maintains certification in medical-surgical nursing, progressive care nursing, emergency nursing, and professional staff development. She is a member of the Emergency Nurses Association, American Association of Critical Care Nurses, and American Society of Metabolic and Bariatric Surgery.

Marcia combines her role in clinical education with hands-on experience to deliver a high-level learning opportunity that is patient-focused and outcome-driven. The meaningful insights she has to share will be applied easily at the bedside to improve your own care of patients!

#### Speaker Disclosures:

Financial: Marcia Gamaly has an employment relationship with St. Mary Medical Center and Lower Bucks Hospital. She receives a speaking honorarium from PESI, Inc.

Non-financial: Marcia Gamaly is a member of the Academy of Medical-Surgical Nurses; America Association of Critical-Care Nurses; American Nurses Association; American Society of Metabolic and Bariatric Surgery; and Emergency Nurses Association.

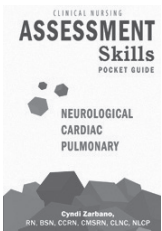
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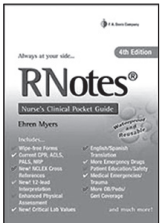
Your patient has just arrived onto the unit, and you are placing them on the remote telemetry pack. The telemetry monitor at the nursing station is ringing loudly, and you hear your name being called about your patient's rhythm. Panic sets in.... Will you be able to correctly interpret the rhythm?!



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