

2018 Psychopharmacology Conference

Spend two action-packed days learning about the newest advances in psychopharmacology and contemporary trends in medication management. From her unique perspective, Sharon Freeman Clevenger teaches psychopharmacology thoughtfully, with an emphasis on the experience of the client. Sharon's years of experience in mental health and passion for clients, shines through in the detail and thoroughness of her presentation.

Clients often only have a few minutes with their prescriber and require additional support. It's vital that you are able to answer their questions, help manage side effects and understand reactions. Designed for counselors, nurses, psychotherapists, psychologists, and other mental health professionals, Sharon provides the information you need in order to best help your clients.

This conference allows time for exploration of underrepresented areas, including ADHD, sleep, eating, and substance use disorders. Take home specialized guidelines for geriatrics, pregnant or nursing women, and clients with chronic pain. Discuss how the DSM-5® has impacted prescribing patterns and the use of psychotropics in newly defined diagnoses. In addition to a general 'nuts and bolts' review of medications, you will examine case examples, discuss medication controversies and how to effectively collaborate with prescribing practitioners.

Sharon's engaging presentation includes many take home "pearls" you can use to teach your clients about their medications and how to protect them from concerning, dangerous or adverse effects. As a bonus, Sharon will discuss alternative approaches using nutrition, supplements, vitamins and essential oils. Increase your understanding about complementary alternative medications such as supplements and essential oils including expected effects, side effects and interaction effects with prescribed medications. You will find this conference to have the most up to date medication information and how to use it most effectively with your client.

Seminar Schedule for Both Days

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50 -1:00 Lunch (*on your own*)

4:00 Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

Speaker

Sharon Freeman Clevenger, MSN, MA, PMHCNS-BC, is the CEO of the Indiana Center for Cognitive Behavior Therapy in Fort Wayne, Indiana. She has national certification as an Advanced Practice Psychiatric Clinical Nurse Specialist with prescriptive authority, she has senior level international certification as an Advanced Practice Certified Addiction Nurse through the International Society of Nurses on Addictions (IntSNA) and is former president of NAADAC, The Association for Addiction Professionals.

Sharon has lectured to professional and military/ law enforcement audiences worldwide. She has authored more than 50 chapters and articles and has been a guest expert on the TV show, The Doctors. She is the co-editor for both the therapist manual and patient handbook of *Overcoming Depression: A Cognitive Behavior Approach* (Oxford University Press, 2009), senior editor and author of *Living and Surviving in Harm's Way: The Psychological Treatment Manual for Pre-and Post-Deployment of Military Members* (Routledge, 2008), *Behind the Badge: A Psychological Treatment Handbook for Law Enforcement Officers*, (Routledge, 2014) and senior editor and author of *Cognitive Behavior Therapy in Nursing Practice* (Springer Publishers, 2005).

Mrs. Clevenger has a Master's in Advance Practice Psychiatric Mental Health Nursing, and a Masters in Counseling in Psychology. She is currently pursuing a Doctor in Health Sciences at the Huntington College of Health Sciences in Knoxville, TN.

Speaker Disclosure:
Financial: Sharon Freeman Clevenger is Founder and Executive Director of the Indiana Center for Cognitive Behavior Therapy. She receives a speaking honorarium from PESI, Inc.
Non-financial: Sharon Freeman Clevenger has no relevant non-financial relationship to disclose.

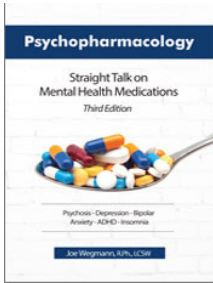


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Psychopharmacology
Straight Talk on Mental Health Medications - 3rd Edition

By Joseph F. Wegmann, Pharm.D., LCSW


A definitive guide to expand your knowledge in the pharmacological and behavioral treatment of psychosis, anxiety, depression, bipolar, insomnia and ADHD. Updates for the third edition include DSM-5 applications, newly released psychiatric meds, new risk factors with antidepressants, and the latest in geriatric psychopharmacology.



Eat Right, Feel Right:
Over 80 Recipes and Tips to Improve Mood, Sleep, Attention & Focus

By Leslie Korn,
PhD, MPH, LMHC

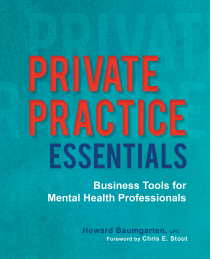
Improve mood, sleep and focus with these nutrient-rich recipes and handy tips. Eat Right, Feel Right teaches you the do's and don'ts of using ingredients in entrees, snacks, soups, smoothies and dressings to make you an at-home mental health chef.



Private Practice Essentials:
Business Tools for Mental Health Professionals

By Howard Baumgarten,
MA, LPC

Private Practice Essentials is an innovative, practical guide and workbook for creating business and clinical success in your counseling and therapy practice. You'll be guided through numerous exercises that provide a solid and personalized plan with realistic and attainable goals. It's like having a professional business consultant right at your fingertips, including 75+ reproducible worksheets, forms and exercises.



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Understand which medications are evidenced-based to best treat which disorders

Improve your clients' responses and clinical outcomes to medications
- Help your clients recognize side effects and what their options are with these problems

Learn about new trends in prescribing, including changes from DSM-5®

Understand current controversies in the field

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How to Register

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59252ELL

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

Tuition Options:
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