

OUTLINE

Disease Prognostication: An Inexact Art & Science

- Illness and Dying Trajectories, Manifestations
- Performance Scales (CAPC website)
- Prognostication and Prognostic Scales
- Palliative Care? Hospice?
- Eight Domains for Quality Practice
- Critical Conversations

Heart Failure

- Devices to Extend Life
- Non-Pharmacological Interventions for HF
- Assessing QOL in Heart Failure

Advanced Cancer/Neoplastic Conditions

- Staging and Grading
- Advanced or End Stage Cancer
- Spiritual Needs in Cancer
- Distress Management
- Choosing Wisely: For Patients with Advanced Cancer

End Stage Lung Disease

- Scales Used in Pulmonary Disease
- Symptom Burden & Treatment in Pulmonary Conditions
- Treating Dyspnea: The “pain” of Non-malignant Disease
- Morphine (opioids) for Dyspnea
- Oxygen – A Medication
- The Medication Toolbox at Home
- Action Plan for Dyspnea Crises

Amyotrophic Lateral Sclerosis (ALS)

- Common Symptoms and Treatment in ALS
- Choices in Respiratory Support
- Medications for ALS
- Palliative Care/Hospice Referral

Dementia

- The Instrument for Patient Capacity Assessment (ICAN)
- Pharmacotherapy for Dementia and Behaviors
- Non-cognitive Neuropsychiatric Symptoms (NPS)
- Non-pharmacologic Interventions
- Functional Assessment Staging of Alzheimer’s Disease (FAST) Scale
- Ethical Issues with Dementia
- Addressing Safety Matters
- Delirium, Agitation & Aggression in Dementia

End Stage Renal Disease

- Chronic Kidney Disease or End Stage?
- Symptoms and Management in CKD
- Conservative Treatment or Dialysis?
- Potential Symptoms After Dialysis Discontinuation
- Ethical/Legal Principles
- Components of a Renal Palliative Care Program

End Stage Liver (Hepatic) Disease

- Prognostication Scales for ESLD
- Symptoms and Treatment of Cirrhosis and Late Stage Hepatic Disease
- Psychosocial Issues in End Stage Hepatic Disease

Think Outside the Box - on End Stage Disease Care

- Thirst vs. Xerostomia
- Challenging Decisions-Honoring Patients’ Wishes
- What Do Family Caregivers Want?
- Reframing Hope
- Pain During the Final Hours of Life
- Palliative Sedation
- Hastened Death Request
- Signs of Imminent Death
- Near Death Awareness

Moral Distress

- Ethical Dilemmas in Palliative Care
- Moral Crescendo Effect and Residue
- Fear and Coping with Dying and Death
- Barriers to Professional Self Care
- Personal versus Professional Grieving
- Destined for Greatness

OBJECTIVES

1. Evaluate two performance and prognostic methods that are predictive of poor survival.

2. Differentiate palliative treatment options for five end stage diseases.

3. Describe the eight domains of palliative care interventions for patients at the final stage of life.
4. Analyze five complications related to artificial hydration and nutrition.

5. Discuss two ethical issues often seen in end stage disease.

6. Recognize two strategies to overcome fear of death.

LIVE SEMINAR SCHEDULE

- 7:30

Registration/Morning Coffee & Tea
- 8:00

Program begins
- 11:50-1:00

Lunch (on your own)
- 4:00

Program ends

10 – 15 minute mid-morning and mid-afternoon breaks

For locations and maps, go to www.pesihealthcare.com, find your event, and click on the seminar title.

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Care When There
is No Cure for
Patients with

End Stage
Diseases



CAMP HILL, PA
December 6, 2017

BETHLEHEM, PA
December 7, 2017

KING OF PRUSSIA, PA
December 8, 2017

Care When There
is No Cure for
Patients with

End Stage
Diseases

Featuring **Nancy E. Joyner, RN, MS, APRN-CNS, ACHPN®**

This seminar includes **60 minutes of ethics** instruction.

Preserving a
patient’s legacy...
Look inside for Harold’s
inspirational story.

Disease Prognostication

Heart Failure • COPD

End Stage Renal Disease • Liver Failure

Advanced Dementia • ALS

Advanced Cancer

CAMP HILL, PA
Wednesday
December 6, 2017

BETHLEHEM, PA
Thursday
December 7, 2017

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Care When There is No Cure for Patients with End Stage Diseases



Preserving a patient's legacy – Harold's story...

Harold was a patient with metastatic bowel cancer – he had just months to live. Over his lifetime, he had been instrumental in transforming acres of farmland into the village that he grew to love. This legacy was extremely important to Harold. In an effort to keep this heritage alive, he had large posters made of photos, and he even used his carpentry skills to create an entire model of the town. Upon hospice visits, his only focus was teaching his caregivers about this legacy; he did not want it lost with his death.

His caregivers began videotaping him sharing the story of his village – but that wasn't enough for Harold. With his permission, a local TV station was brought in, focusing on the model, photos, and the stories behind them. The TV personnel never mentioned that Harold was ill. The video aired on the local station, and Harold was ecstatic – and at peace. He passed away soon after, his legacy preserved.

In this compelling seminar, **multiple case studies** like Harold's will provide you with examples that you can incorporate when caring for the terminally ill. Caring for patients with end stage disease requires extreme sensitivity, deep compassion, and extraordinary knowledge. In order to deliver expert, holistic care, healthcare professionals need to have a toolbox full of **new interventions to promote quality of life**.

Each particular end stage disease has unique complexities for the patient, the family, and the healthcare professional – and this seminar will cover specific strategies for caring for these patients.

Did you know that a patient seeking a liver transplant can be on hospice care while waiting? We will discuss how this is done.

What can we do for patients with COPD who's seemingly only solution for an exacerbation is a visit to the ER? We have an intervention for this.

How can we keep costs down without sacrificing patient care? We'll give you the latest strategies, proven successful in practice.

It's time to think outside the box.

Walk away from this seminar with new tools for quality support - and care when there is no cure.

SPEAKER

Nancy E. Joyner, RN, MS, APRN-CNS, ACHPN®, is a palliative care nurse consultant, speaker, educator and author. Nancy has extensive experience caring for patients with end stage disease through hospice and acute care roles (including critical care, cancer units, dialysis, emergency departments, and medical/surgical units). Her commitment to the specialty is seen through furthering her education to become a palliative care Clinical Nurse Specialist, certification as an Advanced Certified Hospice and Palliative Care Nurse and serving as an active member on the Hospice and Palliative Nursing (HPNA)'s Professional Development Council.

Nancy has shared her passionate insights at the local, state, and national levels. She is an ELNEC (End-of-Life Nursing Education Consortium) trained presenter and has taught the national advance NBCHPN certification review course, as well as having shared her insights as an online palliative care faculty member for the University of North Dakota. She recognizes that caring for those with end stage disease (and their families) requires extreme compassion, expert communication skills, and extraordinary knowledge. You are guaranteed to learn from Nancy's expertise to provide the highest level of quality care for patients in your care facing serious end stage illness.

Speaker Disclosures:

Financial: Nancy E. Joyner is CEO and President of Nancy Joyner Consulting, P.C. She receives a speaking honorarium from PESI, Inc.

Nonfinancial: Nancy E. Joyner has no relevant nonfinancial relationships to disclose.

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

End of Life - A Nurse's Guide to Compassionate Care

By Multiple Authors

This sensitively-written book offers a wealth of insight and practical advice for nurses in every specialty and setting providing end-of-life care. Nurses will learn how to address patients' spiritual concerns, ensure that physical needs are met, help patients maintain their dignity, and provide emotional support to grieving families. Nurses will also learn how to cope with their own feelings about dying and end-of-life care. Coverage includes stages of dying, nursing interventions for palliative care, pain control, alternative therapies, physical and psychological signs of grieving, and more. Vignette insights from the well-known end-of-life specialist Joy Ufema offer advice on giving compassionate care.

The Needs of the Dying

By David Kessler

In gentle, compassionate language, *The Needs of the Dying* helps us through the last chapter of our lives. Author David Kessler has identified key areas of concern: the need to be treated as a living human being, the need for hope, the need to express emotions, the need to participate in care, the need for honesty, the need for spirituality, and the need to be free of physical pain. Examining the physical and emotional experiences of life-challenging illnesses, Kessler provides a vocabulary for family members and for the dying that allows them to communicate with doctors, with hospital staff, and with one another, and - at a time when the right words are exceedingly difficult to find - he helps readers find a way to say good-bye.

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Have a seminar idea? A manuscript to publish?

The nation's top speakers and authors contact PESI HealthCare first. If you are interested in becoming a speaker, or have a new topic idea, please contact Missy Cork at mcork@pesi.com or call (715) 855-6366.

LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepsi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ETHICS: This seminar qualifies for 1.0 hour of general ethics instruction. If ethics is not specified within your licensing board's approval statement below, please contact your board to determine the applicability and amount of ethics allowed.

CASE MANAGERS: This course has been submitted to the Commission for Case Manager Certification for approval. Full attendance is required.

CHAPLAINS/CLERGY: This activity is designed to qualify for 6.25 continuing education hours.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

DELAWARE COUNSELORS: This intermediate activity is approved for 6.25 clock hours of continuing education instruction. The State Board of Delaware Board of Mental Health and Chemical Dependency Professionals recognizes courses and providers that are approved by the American Psychological Association or NAADAC. A certificate of attendance will be awarded at the end of the program to counselors who complete the program evaluation, to submit to their state board.

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. PARTIAL CONTACT HOURS WILL BE AWARDED FOR PARTIAL ATTENDANCE.

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 5.25 (Clinical) and 1.0 (Ethics) continuing education clock hours for completing this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. No more than 6.25 total CE hours may be awarded for this activity.

PENNSYLVANIA SOCIAL WORKERS, MARRIAGE & FAMILY THERAPISTS AND PROFESSIONAL COUNSELORS: The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors will recognize and accept continuing education programs that are sponsored by providers approved by the American Psychological Association and the ASWB. This course will qualify for 6.0 credits. Full attendance is required, variable credits may not be awarded per the Pennsylvania State Board.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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CARE WHEN THERE IS NO CURE FOR PATIENTS WITH END STAGE DISEASES

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

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End Stage Diseases: Care When There Is No Cure

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___ Seminar on CD* (audio) \$169.99 (RNA012520)

___ **End of Life** book* \$55.99 (SAM012805)

___ **The Needs of the Dying** book* \$13.99 (SAM041835)

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