Outline

Hypertensive Disorders in Pregnancy

MUST Know Interventions Maximizing Maternal & Fetal Outcomes Morbidity & Mortality

Preterm Labor

Rapid Diagnosis & Critical Interventions **Evaluating Risk**

Who Gets What, AND WHEN!

Betamethasone

Beta-Mimetics

Mag

Calcium Channel Blockers

NSAIDS

Antibiotics

Non-Pharmacological Pain Management

"Low Intervention" Strategies The Must-Have, Low Cost Gadgets Patients

Hydrotherapy & Water Birth

Pharmacological Pain Management

Individualize It! **Epidurals & Spinals Latest & Greatest Options:**

> Nitrous Gas Remifentanyl PCA's Safety & Efficacy

Birth Planning

Preventing Unrealistic Expectations! Interventions for Challenging Scenarios Maternal Refusal of:

GBS Prophylaxis

Pitocin

C-section

Cord Clamping

PROM

How to Protect Yourself from LIABILITY Impact on Patient Satisfaction Scores

Inductions

When the Risk is Too High The Newest Options Strategies to Reduce Risk & Costs The MUST HAVE Induction Checklist

Live Seminar Schedule

7:30 Check-in/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

10 – 15 minute mid-morning and mid-afternoon breaks

For locations and maps, go to www.pesihealthcare.com, find your event, and click on the seminar title.

Objectives

- 1. Formulate optimal interventions for challenging birth plan scenarios.
- 2. Apply examples of complimentary therapies that can be used with minimal effort.
- 3. Determine the safety concerns related to nitrous gas for labor pain management.
- 4. Compare the benefits of labor epidurals with spinal/epidurals.
- 5. Explain special considerations for an epidural in a pre-eclamptic patient.
- 6. Discuss the nature of hypertension in pregnancy and up-to-date considerations for management

Questions? Call customer service at 800-844-8260

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Complete Blood Counts with Differential

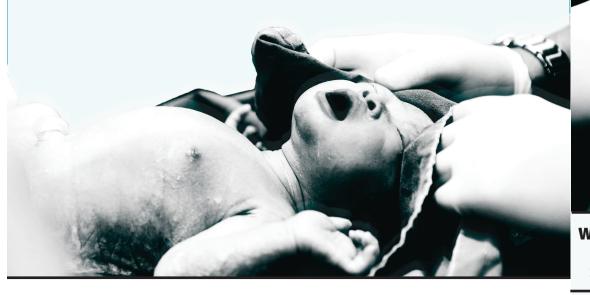
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Labor Delivery The Latest Interventions for Childbirth Challenges



WHITE PLAINS, NY **September 11, 2017**

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Labor Delivery

The Latest Interventions for Childbirth Challenges

Birth Planning: Preventing Unrealistic Expectations! The Latest & Greatest Options for Pain Management **MUST KNOW Interventions for Complicated Deliveries Optimal Medication Selection for Preterm Labor** Reducing the Risks Associated with Inductions **And Much More!**



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Labor Delivery

The Latest Interventions for Childbirth Challenges

Jamie Otremba, MSN, RN, CNM, will delve into the most challenging issues presenting in today's obstetrical patients. She will provide you with a comprehensive look at:

> Birth Planning: Preventing Unrealistic Expectations! The Latest & Greatest Options for Pain Management **MUST KNOW Interventions for Complicated Deliveries** Optimal Medication Selection for Preterm Labor Reducing the Risks Associated with Inductions Fine Tune Your VTE Risk Reduction Strategies And Much More!

You will walk through cases that demonstrate how complications can change the intended plan and explore the latest available in terms of prevention and management to avoid a crisis! These best-practice strategies will allow you to help reduce risk, cost, and discomfort for laboring patients. Plan on attending today and take home tools you can use to immediately impact the maternal and fetal outcomes of your obstetrical patients!

Speaker

Jamie Otremba, MSN, RN, CNM, has over 20 years of maternal child nursing experience and is currently practicing full scope nurse-midwifery at a progressive OB/GYN clinic in suburban Minnesota. Jamie has been active in program development and benchmarking in both clinic and hospital settings. She is also one of the medical directors for the Women's and Children's Service Line at a large hospital and medical center in Minnesota. Jamie served as an assistant professor at Minnesota State University and has practiced in women's health care in a variety of settings, including: labor and delivery, postpartum, antenatal, and community health nursing. Jamie has consulted for area health care facilities on clinical and legal practice topics, and she continues as an investigator for several medication trials pertinent to obstetric and gynecologic issues. Additionally, she has enjoyed sharing her vast knowledge and experiences as a preceptor for both medical and advanced practice nursing students.

Speaker Disclosures:

Financial: Jamie A Otremba has an employment relationship with a private women's health clinic. She receives a speaking honorarium from PESI, Inc.

Non-financial: Jamie A Otremba is a member of the American College of Nurse Midwives and the American Congress of Obstetricians and Gynecologists.

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AWHONN Perinatal Nursing, Fourth Edition

By Kathleen R. Simpson, RNC, PHD, FAAN & Pat A. Creehan, MSN, RNC, RN

An official publication of the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), Perinatal Nursing, Fourth Edition presents up-to-date information based on the most rigorous evidence and offers suggestions for best practices. This new edition of the authoritative, comprehensive text used by perinatal nurses worldwide features a wealth of new content to keep practice current.

You'll reach for this highly practical resource for: expanded coverage of high-risk pregnancy, from bleeding in pregnancy to preterm labor and birth, diabetes, cardiac disease, pulmonary complications, multiple gestation, and naternal-fetal transport. And, you'll expertly manage today's broader scope of perinatal nursing with an all-new chapter on obesity in pregnancy covers risks to the mother and fetus, care from preconception to postpartum, as well



How to Become Mother-Friendly

By Barbara Hotelling, MSN, WHNP-BC, LCCE, CD(DONA), IBCLC

This book includes 10 protocols, each with detailed policies and procedures and supporting information and resources that help implement the change to Mother-Friendly Care. Each protocol is authored and reviewed by recognized leaders in a variety of childbirth and maternity care arenas. The manual includes implementation strategies for the evidence-based nursing care training programs of such organizations as Lamaze, ICEA, and AWHONN, and supports the WHO-Unicef "Ten Steps of the Baby-Friendly Hospital Initiative" to promote successful

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