

## Outline

### Hypertensive Disorders in Pregnancy

MUST Know Interventions  
Maximizing Maternal & Fetal Outcomes  
Morbidity & Mortality

### Preterm Labor

Rapid Diagnosis & Critical Interventions  
Evaluating Risk  
Who Gets What, AND WHEN!

Betamethasone  
Beta-Mimetics  
Mag  
Calcium Channel Blockers  
NSAIDS  
Antibiotics

### Non-Pharmacological Pain Management

"Low Intervention" Strategies  
The Must-Have, Low Cost Gadgets Patients LOVE  
Hydrotherapy & Water Birth

### Pharmacological Pain Management

Individualize It!  
Epidurals & Spinals  
Latest & Greatest Options:  
Nitrous Gas  
Remifentanyl PCA's  
Safety & Efficacy

### Birth Planning

Preventing Unrealistic Expectations!  
Interventions for Challenging Scenarios  
Maternal Refusal of:  
GBS Prophylaxis  
Pitocin  
C-section  
Cord Clamping  
PROM

How to Protect Yourself from LIABILITY  
Impact on Patient Satisfaction Scores

### Inductions

When the Risk is Too High  
The Newest Options  
Strategies to Reduce Risk & Costs  
The MUST HAVE Induction Checklist


### Live Seminar Schedule

7:30 Check-in/Morning Coffee & Tea  
8:00 Program begins  
11:50-1:00 Lunch (on your own)  
4:00 Program ends  
*10 - 15 minute mid-morning and mid-afternoon breaks*  
For locations and maps, go to [www.pesihealthcare.com](http://www.pesihealthcare.com), find your event, and click on the seminar title.

## Objectives

1. Formulate optimal interventions for challenging birth plan scenarios.
2. Apply examples of complimentary therapies that can be used with minimal effort.
3. Determine the safety concerns related to nitrous gas for labor pain management.
4. Compare the benefits of labor epidurals with spinal/epidurals.
5. Explain special considerations for an epidural in a pre-eclamptic patient.
6. Discuss the nature of hypertension in pregnancy and up-to-date considerations for management

**Questions?** Call customer service at **800-844-8260**



**Complete Blood Counts with Differential**

**1 HOUR VIDEO**


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August 15th, 2017

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# Labor & Delivery

## The Latest Interventions for Childbirth Challenges



**WHITE PLAINS, NY**  
September 11, 2017

**UNIONDALE, NY**  
September 12, 2017

**MANHATTAN, NY**  
September 13, 2017

**WHITE PLAINS, NY**  
Monday  
September 11, 2017

**UNIONDALE, NY**  
Tuesday  
September 12, 2017

**MANHATTAN, NY**  
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September 13, 2017

  
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**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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# Labor & Delivery

## The Latest Interventions for Childbirth Challenges

**Jamie Otremba, MSN, RN, CNM**, will delve into the most challenging issues presenting in today's obstetrical patients. She will provide you with a comprehensive look at:

- Birth Planning: Preventing Unrealistic Expectations!
- The Latest & Greatest Options for Pain Management
- MUST KNOW Interventions for Complicated Deliveries
- Optimal Medication Selection for Preterm Labor
- Reducing the Risks Associated with Inductions
- Fine Tune Your VTE Risk Reduction Strategies
- And Much More!

You will walk through cases that demonstrate how complications can change the intended plan and explore the latest available in terms of prevention and management to avoid a crisis! These best-practice strategies will allow you to help reduce risk, cost, and discomfort for laboring patients. Plan on attending today and take home tools you can use to immediately impact the maternal and fetal outcomes of your obstetrical patients!

## Speaker

**Jamie Otremba, MSN, RN, CNM**, has over 20 years of maternal child nursing experience and is currently practicing full scope nurse-midwifery at a progressive OB/GYN clinic in suburban Minnesota. Jamie has been active in program development and benchmarking in both clinic and hospital settings. She is also one of the medical directors for the Women's and Children's Service Line at a large hospital and medical center in Minnesota. Jamie served as an assistant professor at Minnesota State University and has practiced in women's health care in a variety of settings, including: labor and delivery, postpartum, antenatal, and community health nursing. Jamie has consulted for area health care facilities on clinical and legal practice topics, and she continues as an investigator for several medication trials pertinent to obstetric and gynecologic issues. Additionally, she has enjoyed sharing her vast knowledge and experiences as a preceptor for both medical and advanced practice nursing students.

### Speaker Disclosures:

Financial: Jamie A Otremba has an employment relationship with a private women's health clinic. She receives a speaking honorarium from PESI, Inc.

Non-financial: Jamie A Otremba is a member of the American College of Nurse-Midwives and the American Congress of Obstetricians and Gynecologists.

**Seminar on DVD or CD Package:** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesihealthcare.com](http://www.pesihealthcare.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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**\*SAVE by including these products with your seminar registration!**



**AWHONN Perinatal Nursing, Fourth Edition**  
By Kathleen R. Simpson, RNC, PHD, FAAN & Pat A. Creehan, MSN, RNC, RN  
An official publication of the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), *Perinatal Nursing*, Fourth Edition presents up-to-date information based on the most rigorous evidence and offers suggestions for best practices. This new edition of the authoritative, comprehensive text used by perinatal nurses worldwide features a wealth of new content to keep practice current.  
You'll reach for this highly practical resource for: expanded coverage of high-risk pregnancy, from bleeding in pregnancy to preterm labor and birth, diabetes, cardiac disease, pulmonary complications, multiple gestation, and maternal-fetal transport. And, you'll expertly manage today's broader scope of perinatal nursing with an all-new chapter on obesity in pregnancy covers risks to the mother and fetus, care from preconception to postpartum, as well as bariatric surgery.



**How to Become Mother-Friendly**  
By Barbara Hotelling, MSN, WHNP-BC, LCCE, CD(DONA), IBCLC  
This book includes 10 protocols, each with detailed policies and procedures and supporting information and resources that help implement the change to Mother-Friendly Care. Each protocol is authored and reviewed by recognized leaders in a variety of childbirth and maternity care arenas. The manual includes implementation strategies for the evidence-based nursing care training programs of such organizations as Lamaze, ICEA, and AWHONN, and supports the WHO-UNICEF "Ten Steps of the Baby-Friendly Hospital Initiative" to promote successful breastfeeding.

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### LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

**Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.**

*If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.*

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**MIDWIVES:** This course has been reviewed and approved for ACNM specialty credit. Full attendance at this course qualifies for .625 CEUs. ACNM Program #: 2014/060.

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Nurses in full attendance will earn 6.3 contact hours. PARTIAL CONTACT HOURS WILL BE AWARDED FOR PARTIAL ATTENDANCE.

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## How to Register:

LABOR & DELIVERY  
THE LATEST INTERVENTIONS FOR CHILDBIRTH CHALLENGES

Questions? Visit [www.pesihealthcare.com/faqs](http://www.pesihealthcare.com/faqs), or call 800-844-8260

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### ADA needs:

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

### Tuition Options:

\$30 Tuition: If you are interested in being our registration coordinator for the day, go to: [www.pesihealthcare.com/coord](http://www.pesihealthcare.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260. **Advance registration by phone required.**

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**3 Check tuition:**

### Tuition with seminar manual

**\$199.99** – choose one of the options below:

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**\$189.99** per person for 5 or more preregistering together

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### Add-On Products

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**\$84.99\*** AWHONN *Perinatal Nursing, Fourth Edition* book

**\$80.00\*** *How to Become Mother-Friendly* book

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**4 Indicate method of payment:**

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