

Outline

Rotator Cuff Tears
Surgical restoration of normal and altered anatomy
Cluster tests, modified empty can test
Anatomic repair vs. “the best you can do”
Conservative management to prevent impingement and total shoulder replacement
Post-operative management that depends on procedure and not “cookbook”
Shoulder Impingement Syndrome
Anatomic and functional contributors
Cluster tests, modified Hawkins-Kennedy, modification of Neer’s test
Surgical repair procedures for primary impingement
Conservative management based on etiologic factors that is tailored to each patient
Post-operative management
Respect the deltoid as the worst offender
Anterior Glenohumeral Instability
Anatomic restraints
Etiologic factors- Pectoralis major as the worst offender
Apprehension, Jobe Relocation, Release Test, Anterior Drawer, Push-Pull
Anatomic Repair, Bristow, Latarjet, Putti-Platt
Rehabilitative management
SLAP Lesions
Classification of lesions
Biceps Load II, Anterior Slide Test for early detection
Surgical management and rehabilitation based on lesion type

Adhesive Capsulitis
Stages based on symptoms
Etiologic factors
Effects of conservative versus invasive intervention
Conservative management based on stage of disorder
Anterior, Posterior, Inferior Glenohumeral Mobilizations and Scauplo-thoracic Mobilizations
Thoracic Outlet Compression Syndrome
Help some of the most frustrated patients ever!
Anatomic locations of potential compromise
Manage the case with a complete list of etiologic factors
Intervention based on location of compromise and etiologic contributors
Assessment Tests: Adson’s, Military Bracing, Hyperabduction
Surgical Procedures: Cervical Rib Excision, Scalenectomy
Shoulder Arthroplasties
Indications for
Hemi-arthroplasty
Total shoulder arthroplasty
Reverse total shoulder arthroplasty
Outcomes
Rehabilitation strategies
Hands on Lab: Special Tests and Mobilizations
Solutions for shoulder pathologies
Interpret clinical tests to recognize the patient’s problem quickly
Take home tips and new techniques

Objectives

1.

Explain the etiology of common shoulder complex pathologies and identify possible anatomic and functional movement etiologic factors
2.

Identify which special tests should be used to identify specific shoulder complex pathologies and be able to apply these tests proficiently
3.

Determine which patients are appropriate candidates for conservative intervention or should be referred for assessment as surgical candidates
4.

Utilize effective glenohumeral and scapula-thoracic mobilization techniques specific to shoulder complex pathologies
5.

Devise appropriate treatment plans and enable effective patient intervention based on clinical findings

Live Seminar Schedule

7:30

Registration/Morning Coffee & Tea

8:00

Program begins

11:50-1:00

Lunch (on your own)

4:00

Program ends

10 – 15 minute mid-morning and mid-afternoon breaks

For locations and maps, go to www.pesirehab.com, find your event, and click on the seminar title.

Seminar on CD or DVD Package:

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Solutions for:

Rotator Cuff Tear Restoration & Management

Shoulder Impingement Syndrome

Anterior Glenohumeral Instability

SLAP Lesions

Adhesive Capsulitis

Thoracic Outlet Compression Syndrome

Shoulder Arthroplasties

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The Complex Shoulder

Evaluation and Intervention for Common Conditions

TOWSON, MD

Monday, August 14, 2017

ELLICOTT CITY, MD

Tuesday, August 15, 2017

FAIRFAX, VA

Wednesday, August 16, 2017

www.pesirehab.com

The Complex Shoulder

Evaluation and Intervention for Common Conditions

We have the solutions for:

Rotator Cuff Tear Restoration & Management

Shoulder Impingement Syndrome

Anterior Glenohumeral Instability

SLAP Lesions

Adhesive Capsulitis

Thoracic Outlet Compression Syndrome

Shoulder Arthroplasties

Very applicable to my current job in outpatient PT!

- Rita, P.T.

Great teaching methods and great knowledge of material! Thank you!!

- Nancy, O.T.

Featuring expert

Michael T. Gross, PhD, PT, FAPTA

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PESI Rehab

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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

If you are looking for SOLUTIONS to the evaluation and treatment of complex shoulder pathologies, this is the seminar for you. Join expert, Michael T. Gross, PhD, PT, FAPTA, for an information-packed day focused on giving you the tools you need to overcome the sometimes difficult task of intervening for shoulder injuries. Learn new strategies to assess and plan treatment effectively for:

- Rotator Cuff Tear Restoration & Management
- Shoulder Impingement Syndrome
- Anterior Glenohumeral Instability
- SLAP Lesions
- Adhesive Capsulitis
- Thoracic Outlet Compression Syndrome
- Shoulder Arthroplasties

Learn more than just the etiology of these common shoulder complex pathologies. Learn how to interpret clinical tests and recognize the patient's problem quickly. Rapid recognition is imperative not only in developing the appropriate course of action for the patient, but also ensuring the patient has the best chance for a successful rehabilitation. Acquire take-home tips and techniques that will change your clinical practice the very next day!

Speaker

Michael T. Gross, PhD, PT, FAPTA, has 37 years of experience as a licensed physical therapist, specializing in the areas of biomechanics and orthopaedic assessment and treatment. He has maintained a consistent clinical practice for all of these years, currently seeing patients 2 days per week at his faculty practice. He is a professor in the PhD Program in Human Movement Science, and the Doctorate of Physical Therapy (DPT) program in the Division of Physical Therapy at the University of North Carolina at Chapel Hill. Dr. Gross has 70 refereed journal publications in such journals as the Journal of Orthopaedic and Sports Physical Therapy, Physical Therapy, and the Journal of Manual and Manipulative Therapy. He was an Editorial Review Board Member for the Journal of Orthopaedic and Sports Physical Therapy and serves as a reviewer for many other journals. Dr. Gross was awarded the Teaching Excellence Award from the University of North Carolina at Chapel Hill School of Medicine and the Margaret L. Moore Award for Outstanding New Academic Faculty by the American Physical Therapy Association. He also was elected as a Fellow of the American Physical Therapy Association. He has given well over 300 regional, national, and international presentations, which have been highly rated by attendees for knowledge, skill, and humor.

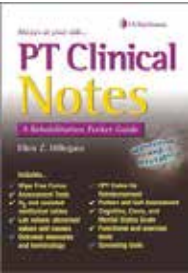
Disclosures:
Financial: Michael Gross is a Professor, Division of Physical Therapy, at the University of North Carolina - Chapel Hill. He receives a speaking honorarium from PESI, Inc.
Non-financial: Michael Gross has no relevant non-financial relationship to disclose.



Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI Rehab first. If you are interested in becoming a speaker, or have a new topic idea, please contact Missy Cork at mcork@pesi.com or call (715) 855-6366.

The Complex Shoulder Evaluation and Intervention for Common Conditions

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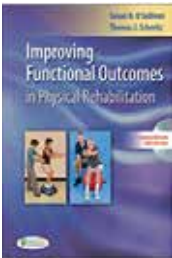


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By Ellen Z. Hillegass, PhD, PT, CCs

A Davis's Notes Title!

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By Susan B. O'Sullivan, PT, EdD & Thomas J. Schmitz, PT, PhD

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